

# Mountaineer

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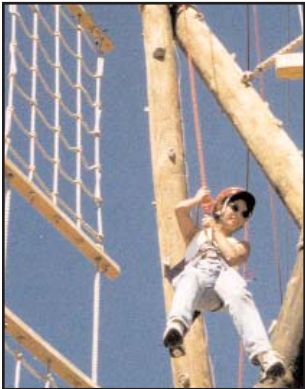
April 12, 2002



## INSIDE THE MOUNTAINEER

**Opinion/Editorial** Page 2  
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## Feature



Beat spring fever; let Outdoor Recreation help get you started. See Page 18 and 19.

## Happenings



Vintage aircraft, including a B-29, along with many historic military displays are in the B-24 Museum at Pueblo's Memorial Airport.

See Page 27.

## Vehicle Registration

The trailer by gate 1 has been removed. Vehicle registration will now be done in the guard shack at gate 1 from 6 a.m. to 6 p.m. Monday through Friday.

Post Weather hotline:  
**526-0096**



Photo by Spc. Roy Gomez

## Spring cleaning ...

Pfc. Maurice Lane, 4th Personnel Services Battalion, cuts grass outside the barracks during Spring Cleanup Tuesday.

## Blood Drive scheduled Wednesday



Post Physical Fitness Center, 9 a.m. to 1 p.m.  
 Alternate site: Garcia Physical Fitness Center

## Recruiting reps to visit Fort Carson next week

by Julia Bobick

**U.S. Army Recruiting Command FORT KNOX, Ky.** — Two recruiters are visiting Fort Carson April Tuesday through Thursday to dispel the myths about recruiting duty and encourage soldiers to join the winning team of Army recruiters who have achieved their active and Reserve missions for the past two fiscal years.

The Recruit the Recruiter Team is presenting briefings on the challenges, benefits and opportunities that come with serving as an Army recruiter.

"Soldiers' anxieties about recruiting duty — 'Can I make it on recruiting duty?' — are often compounded by negative word of mouth. That's why we are conducting these installation tours and have established a Recruit the Recruiter Web site at [www.usarec.army.mil](http://www.usarec.army.mil). We want to give soldiers factual information to dispel the rumors in a non-threatening environment," said Master Sgt. Jack Miracle, noncommissioned officer in charge of the Special Missions Recruiting Team for the U.S. Army Recruiting Command.

This fiscal year, the Recruiting Command must identify about 2,600 new detailed recruiters through Department of the Army selections, or through soldiers volunteering for recruiting duty. To entice more soldiers to volunteer, there is also a new incentive this year. Volunteers can identify their top three choices for their recruiting company assignment from the more than 200 recruiting companies across the United States.

Soldiers who volunteer for recruiting duty serve a 36-month tour. They first attend the Army Recruiter Course at Fort Jackson, S.C. The 53-day course has five major segments: intro-

duction to recruiting, management, eligibility, prospecting and sales techniques, and communications skill.

Following the Recruiter Course is a nine-month nonrated new recruiter program, during which the new recruiters sharpen the skills they learned in the course. Recruiting duty involves long hours and hard work, but the rewards are worth the effort.

Recruiters live and work in the civilian community. They build networks with schools, universities, local government agencies and other organizations.

Promotions are faster for recruiters than for peers without this experience. Opportunities for personal recognition are great. In addition to the Army awards program, recruiters are eligible to earn the Recruiter's Silver Badge with gold stars, the Gold Badge with sapphires, the Recruiter Ring, and the Sergeant Major of the Army Glen E. Morrell Medallion.

Recruiters receive an extra \$375 each month in special duty assignment pay and up to \$75 per month in allowances for authorized expenses.

Miracle encourages soldiers to attend the volunteer recruiting briefings 10 a.m. Tuesday and Wednesday, or 1 p.m. Thursday at McMahon Theater or visit the Web site. Either way, soldiers can learn more about the eligibility requirements to become a recruiter and the benefits of recruiting duty.

For more information, call your Career Counselor. Soldiers may also call the Recruit the Recruiter Team at (502) 626-0271/0215/1860, DSN 536-0271/0215/1860, or go to the USAREC Web site at [www.usarec.army.mil](http://www.usarec.army.mil) and follow the link to Recruit the Recruiter.

## Virtual gunner ...

Spc. Eric Jones, Company B, 5th Battalion, 20th Infantry Regiment, the gunner of Predator 45, coordinates with the loader for count of ammunition on board during simulated training at the Close Combat Tactical Trainer. For more on CCTT, see story on Page 4.



Courtesy photo



Korea — 50 years ago this week, April 11 to 17, 1952

# Chinese communist troops ambush U.S. patrols on hill ‘Italy’

by Jim Caldwell  
Army News Service

WASHINGTON — Communist troops temporarily drove U.N. forces off key hills in Korea 50 years ago this week, forcing U.S. counterattacks to regain the high ground and increased night patrols.

**April 11 to 13, 1952** — While U.S. officials in Washington express optimism about the truce talks, absolutely no progress is made at Panmunjom. The subcommittee discussing prisoner exchange isn’t even meeting.

The ROK Army announces that so far during “Operation Ratkiller,” it has killed or captured 21,051 communist guerrillas operating in the south. There are still 2,000 to 3,000 to be rounded up.

U.S. F-86 pilots say they shot down at least six MiG-15s on Easter Sunday.

**April 14 to 17** — U.N. troops in IX Corps’ eastern section are driven off key hills by communist troops April 14 and retake the positions the next day.

There are increased combat patrols all along the front during the week.

One of those patrols is carried out by three platoons of Company K, 15th Infantry, 3rd Infantry Division in IX Corps’ east central area on April 16. Their mission is to capture a prisoner from a reinforced Chinese rifle platoon on Italy, a hill 150 meters high and 1,500 meters north of the main line of resistance. The hill is named because its shape resembles the map of Italy.

A screening team checks out the route during the day and says it’s safe.

The platoons have practiced intently for the mission, but things will not go as they did in training. There has been heavy sporadic rain all day. When the three platoons leave at 9:20 p.m., a cold wind is blowing, and the ground is thick mud.

Medics and South Korean litter bearers are attached to the assault platoon.

An ambush force has left earlier and is in place to stop Chinese on Greece — also named for its shape — 500 meters east of Italy, going to help their countrymen. The terrain is a series of hills rising sharply out of flat rice paddies.

The security platoon has no problem getting its machine guns and riflemen into position on Hill 128.

Slowed to a crawl by the mud, an explosion ahead of the assault and base of fire platoons stops them for about 30 minutes. Two noncommissioned officers check it out. A medic and a litter bearer had gotten lost and wandered into a minefield. Fortunately, the mines had been tipped away from them when they exploded.

When the platoons round Hill 128, there are only rice paddies between them and Italy. Then a flare from the U.S. lines pops above them. They drop in to the cold mud. Another flare follows shortly after and the men drop to the mud again. A call to battalion fails to stop the flares. The scene is repeated several more times until they get to the base of Italy.

The base of fire platoon sets up its light machine guns by a creek flowing across the valley. There’s no cover so the gunners are exposed.

The assault platoon starts up the approach to a small rise above them. When they get there, they hear a Chinese voice speaking normally. That’s followed by a sharp command and enemy burp guns open up on them and the base of fire team below.

One man is killed and three wounded in the assault team, and a machine gunner is hit four times in a leg. The ambush infuriates the Americans and they fire back with every weapon they have. The firefight lasts for 10 minutes until the Chinese

withdraw. The soldiers will later learn they fired 8,000 rounds.

Ammo is low, so the platoons withdraw. The litter bearers ran away when firing started, so the men rig litters with their field jackets and M-1s to carry out the wounded and the dead soldier.

Flares are still being fired over them, so once again they can only move between flares. Although they take turns carrying the litters, the soldiers are

exhausted when they reach their lines at about 3:30 a.m. April 17.

During the day a battalion raiding group checks out the scene of the ambush. There are no enemy bodies, but there are a lot of bloody bandages.

On future patrols, screening teams will remain in place instead of coming back in to prevent any more ambushes.

**April 14** — The Reds say they are ready to go back to the table, but the U.N. team members delay. They are trying to find a way the communists can accept a prisoner swap at the 38th Parallel without losing face.

Communist radio says that “voluntary” repatriation is unacceptable. They’re still smarting over the fact that more than 100,000 prisoners held by the U.N. do not want to return to the communist side.

**April 14** — The South Korean government in Seoul honors Gen. James Van Fleet on his one-year anniversary as commander of Eighth Army. He tells the gathering that communist casualties had outnumbered U.N. casualties by 530,696 to 66,000 during that year.

**April 16** — A Defense Department spokesman reports that American casualties as of April 11 number 107,371 with 16,848 dead.

**April 17** — Cpl. Duane Dewey earns the Medal of Honor and two months to recover in a hospital when his platoon meets a surprise attack from the Chinese.

Dewey is part of a reinforced platoon from Company E, 2nd Battalion, 5th Marines, 1st Marine Division that was on its last night of outpost duty. The outpost is about a mile from Panmunjom, and a mile from the MLR.

At 11 p.m., about 500 Chinese charge with bugles and horns blaring and heavy small arms fire hitting the Marines’ perimeter.

A machine gunner, Dewey is seeing his first combat. Yet he fires effective bursts into the Chinese for about an hour until he runs out of ammo. With bullets whizzing around him, he runs across the open perimeter to get ammo from another gun.

He’s dragging the can back when an enemy grenade explodes behind him, sending a piece of shrapnel ripping into his left calf. A corpsman treats his wound. While the corpsman is working, another grenade lands by Dewey’s head and rolls down beside his hip.

Dewey pushes the corpsman out of the way and rolls onto the grenade. It explodes beneath him.

President Dwight D. Eisenhower presents the Medal of Honor to Dewey on March 13, 1953. Ike tells him, “You must have a body of steel.”

## Pvt. Murphy Mark Baker



### MOUNTAINEER

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#### LETTERS TO THE EDITOR

The *Mountaineer* invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon

request. Anonymous letters will not be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and

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80913-5119, phone (719) 526-4144 .

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# News

## Enrollment opens for long-term care insurance

### Army News Service

**WASHINGTON** — The early enrollment period for Long-Term Care Insurance began March 25 and runs through May 15 for federal employees and servicemembers.

Sponsored by the Office of Personnel Management, the new insurance is designed to help pay for services such as nursing-home care, long-term home care, or care in an assisted-living facility.

OPM officials said most existing federal health insurance policies do not cover this type of long-term care.

OPM selected two leading insurance companies, John Hancock and Metropolitan Life, as the carriers now offering the new Long-Term Care Insurance. The two companies have formed a joint-venture company, LTC Partners, administering the federal LTCI program.

Active and retired civilian employees and uniformed servicemembers are eligible to enroll in LTCI. An estimated 20 million members of the federal fami-

ly are eligible for the insurance, according to OPM officials, including postal employees and annuitants, military retirees and qualified family members.

OPM officials said it is important to note that not all plan features will be available during the early enrollment period. They said premium payments may be made to the provider through automatic bank withdrawal and direct billing; however, payroll deduction will not yet be available.

The second opportunity to enroll will be the first LTCI Open Season to run from July 1 through Dec. 31.

At that time all options under the program will be available and payroll deduction will be implemented, officials said.

They said those who enroll during the Early Enrollment Program may switch to payroll deduction during the LTCI open season.

Federal employees are eligible to enroll in LTCI if they are eligible to enroll in the Federal Employees Health Benefits Program, officials said.

Unlike FEHB, the LTCI premiums are fully paid

for by employees who choose to enroll.

OPM has determined that the provider, LTC Partners, is solely responsible for all core functions that support this program, including answering questions about the insurance. Counselors at the Army Benefits Center — Civilian, ABC-C, are not supposed to answer any questions regarding the insurance, other than to direct callers to the provider, officials said.

Questions about the insurance can be directed to LTC Partners by calling: (800)LTC-FEDS ((800) 582-3337) or by looking at the LTC Web site: [www.ltcfeds.com](http://www.ltcfeds.com).

OPM also has an informative and educational Web site about long-term care needs and insurance in general at [www.opm.gov/insure/ltc](http://www.opm.gov/insure/ltc). This site also provides information about LTCI tax issues, facts and legislation.

Post cards for requesting a subscription to a series of informational bulletins being produced by LTC Partners will be sent through normal distribution channels.

## Finding a TRICARE network pharmacy just got easier

TriWest Healthcare Alliance welcomes Walgreen Drug Store pharmacies into its retail network pharmacy family for the TRICARE Central Region effective April 1.

There are about 600 Walgreen Drug Store pharmacies within the Central Region that you can now use for filling your prescription needs. All TRICARE eligible beneficiaries can

save money by seeking care from providers in TriWest's TRICARE civilian network, which includes pharmacies.

It's not hard to find a Walgreen

Drug Store near you. Check the local phone directory or visit the Web site at [www.walgreens.com](http://www.walgreens.com). There you can search Your Military Health Plan news and updates.



# Military

*Need to borrow a tank?*

## Mountain Post trains IBCT soldiers in virtual world

by Capt. Glenn Hodges

### Simulations, 7th Infantry Division

Soldiers from the Initial Brigade Combat Team at Fort Lewis, Wash., turned in their tanks two years ago and have been training with Centauros, an eight-wheeled, light armored personnel carrier with a 105-millimeter cannon, on loan from an Italian manufacturer.

The Close Combat Tactical Trainer here helps out with those borrowed vehicles — they recently trained 19 Initial Brigade Combat Team soldiers from Fort Lewis' B and C Companies, 5th Battalion, 20th Infantry Regiment.

Soldiers from the newly formed Mobile Gun System platoons of the 3rd Brigade, 2nd Infantry Division Initial Brigade Combat Team come to Fort Carson to train and maintain their skills as Armored Combat Vehicle crewmen using the Close Combat Tactical Training facility.

Fort Carson's close combat tactical trainer is one of the few collective training environments available to mechanized soldiers to train in a virtual "hands on" environment. The facility

affords soldiers assigned to the IBCT the opportunity to maintain their proficiency on the M1A1 Abrams Main Battle Tank.

By design, each MGS platoon will have three vehicles when fully fielded, but now have only two. This means that the unit is currently under-equipped to conduct full scale mounted maneuver and gunnery training. When the MGS platoons do go to the field they are able to use their Italian MGS vehicles only to maneuver with.

"The soldiers in the IBCT view the CCTT as a true readiness multiplier for two reasons: one because it allows them to practice unit tactics, techniques and procedures prior to live-training exercises," said Maj. Scott Heise, simulations officer, 7th Infantry Division "The second reason is that CCTT enables them to go to the field at an increased level of preparedness, reducing time wasted on elementary skills."

Soldiers from the IBCT must maintain their proficiency on the Abrams main battle tank because at some point they will leave Fort Lewis

and the IBCT and go back to heavy units that have tanks in their motorpools. The best way for them to maintain proficiency is to train in a virtual environment at the CCTT. Soldiers are



Courtesy photo

**1st Lt. Eric Borggren, executive officer, Company B, 5th Battalion, 20th Infantry Regiment, left, and Staff Sgt. Arquallia Farr, Company B, 5th Batt., 20th Inf., conduct an after-action review with Mike Miller, Close Combat Tactical Training.**

able to conduct hands-on, realistic maneuver and gunnery skills training to augment the live training they receive on their loaner vehicles back at Fort Lewis.

Each time the unit arrives at Fort Carson, training objectives vary, but the intent of the visit is the same: Keep proficient on individual and crew collective tasks associated with maneuver and gunnery in a combat environment. The platoons begin their training each time by re-familiarizing themselves with the interior of the vehicle simulators and completing a short hands-on component checklist that shows them some of the unique features of the simulators.

They then execute several short familiarization exercises enabling them to work out unit SOPs on such things as movement, maneuver and engagement techniques in a non-threatening environment. The remain-

ing time is spent conducting combat missions from the unit's critical task training list or CTTL. Because of the newness of the unit, its mission-essential task list is still under development. Crews and leadership are stressed, tested and evaluated on specific tasks and once the end of exercise is called, complete detailed after-action reviews are given, which allow the unit to focus on a specific event and if necessary, re-conduct specific parts of the mission by simply "rewinding" the simulation. Lessons learned are internalized and the unit goes back to its home station better prepared for its next live field training event.

Simulation is not meant to ever replace live-field training, but it is a combat multiplier which enhances live training and provides great value to the units overall training and readiness. If you don't believe it, just ask the soldiers from the IBCT.



Courtesy photo

**Sgt. Matthew Tracht, vehicle commander, Company B, 5th Battalion, 20th Infantry Regiment, scans the virtual terrain for enemy contacts.**

## Greenback

## Reimbursement increased for pet quarantine costs



Jang

by Capt. Ho Jang  
4th Finance Battalion

There has been a revision to the Joint Federal Travel Regulation, which reflects the increase in the reimbursement fee for household pet quarantine from \$275 to \$550 for members whose pets were in,

or entered into, quarantine on/after Dec. 28. The Committee Chair has approved this change to the JFTR and the changes will appear in future JFTR publications after April 1.

The new revised paragraph to the JFTR will read: *For PCS moves with an effective date on or after Dec. 4, 2000, reimbursement for actual mandatory quarantine fees for household pets is authorized not to exceed \$275 per PCS move. For mandatory pet quarantine fees incurred in connection with the mandatory quarantine of a household pet underway Dec. 28, 2001, or that begin on or after that date, reimbursement is authorized not to exceed \$550 per PCS move.*

## E/MSS PINS

Many may have missed the opportunity to turn in their names to the finance office to get their Employee/Member Self Service PINS unlocked this week at a conference attended by members of 4th Finance Battalion. E/MSS allows the service members to view their LES online and also make certain

changes to their pay accounts.

For those soldiers who would still like to get their PINS, they can do it themselves at any time by following these procedures: FAX or mail the following information to DFAS in order to establish a new temporary PIN:

- Name
- Social Security number
- Copy of your government photo ID (If you do not have a government photo ID, you can send a copy of your driver's license or other photo ID.)

• Daytime phone number

• Signature

Fax: (216) 522-5800 or send this information to:

DFAS-Cleveland/PMCAA  
Attention E/MSS  
1240 East 9th Street  
Cleveland, Ohio 44199

If you fax or mail your request, your new Temporary PIN will be set to the last five numbers of your SSN. Please wait at least two business days before attempting to use your new temporary PIN (allow additional time if you mailed your request). You will not receive any notification that your temporary PIN has been reset.

Only use this process if you cannot remember your PIN and have been unable to use the on-line validation process. The 4th Finance Battalion is hosting

a golf tournament April 26 at the Cheyenne Shadows Golf Course on Fort Carson.

The format is a four-person scramble with a 12:30 a.m. shotgun start. The entry fee will be \$40 per player. The entry fee includes green fees, a golf cart, dinner and a free green fee pass for future use at Cheyenne Shadows.

Individual players can also purchase mulligans. The cost is \$5 for three mulligans or \$10 for seven mulligans. There is no limit to the number of mulligans available for purchase.

Numerous prizes will be awarded. The first, second and third place winners, longest drive winner, and closest to the pin winner will all receive gift certificates and trophies. There will also be a raffle for numerous prizes. The 4th Finance Battalion urges potential participants to sign up now. Entry will

be limited to the first 128 players.

Individuals interested in playing can sign up by sending an e-mail to [theodore.stutz@carson.army.mil](mailto:theodore.stutz@carson.army.mil) or [brian.gilbert@carson.army.mil](mailto:brian.gilbert@carson.army.mil). People can also sign up by calling 26-6245 or 526-4240. Individuals can sign up with or without a team. Organizers will put a team together for individuals signing up by themselves.



## New recruiting initiative old hat for Green Berets

## Army recruits now enlisting directly into Special Forces training

by Spc. Kyle J. Cosner,  
U.S. Army Special Operations  
Command PAO

**FORT BRAGG, N.C.** — A new Army program that lets recruits enlist directly into rigorous Special Forces training here is currently under way and receiving a favorable response from civilians interested in earning the coveted Green Beret, according to officials from the U.S. Army Recruiting Command at Fort Knox, Ky.

"Since we restored the program, the results have been extremely positive," said Capt. David P. Connolly, a Public Information Officer at the U.S. Army Recruiting Command. "We anticipate achieving mission success well before the end of the fiscal year."

Revived in mid-January, the Special Forces Recruiting Initiative is a return to the original Special Forces recruitment process, which began in 1952 and allowed both civilians and servicemen to sign up for the nearly two years of training necessary to become a Green Beret.

"I think this program is the best thing to happen to Special Forces in years," said Col. Charles A. King, 1st Special Warfare Training Group (Airborne) commander. "It will allow us to recruit the right kind of guy off the street, train him, prepare him and mold him right from the start."

The training group is responsible for the training of all Special Forces recruits. In 1988, the recruiting process was adjusted to allow only soldiers already in the Army to become Special

Forces qualified.

"The Army at that time had three-quarters of a million people in it, and Special Forces was about 20 percent smaller than it is right now," King said. "With the Army being bigger and Special Forces being smaller, we discontinued the (recruiting) program. Things have now evolved to a point where we're down to a 480,000 person Army with significantly larger Special Forces groups."

"We are restoring a program which we used to have in order to meet our current operational requirements," King said.

As of March 28, Army recruiters have already filled 140 of the 400 slots allotted for civilians enlisting into the Special Forces Recruiting Initiative, according to Connolly. Data provided by the recruiting command showed the first 56 Special Forces recruits shipped out during the first week in April to begin the nearly two years of training required to earn the Green Beret.

Recruits who begin training under the new program will enter the Army as a private first class, eventually earning the rank of sergeant when they complete training, King said.

"This program is not about putting privates on Special Forces teams. A soldier that comes in (the Army) under this program will join a team as a non-commissioned officer," he added.

Capt. Joe Martin, a 1st Special Warfare Training Group (A) training detachment commander, said the new recruits will have a slightly different

initial training process that will result in a higher success rate than past Special Forces hopefuls going through the Special Forces Assessment and Selection process.

Martin said traditional in-service recruits go straight to Special Force Assessment and Selection from their unit when they volunteer for Special Forces training. To prepare those recruited under the new recruiting initiative for success in the assessment process, the 1st Special Warfare Training Group (A) has created the Special Operations Preparation and Conditioning Course.

During the class, veteran Special Forces soldiers conduct intensive training in land navigation, physical training and other soldier skills with recruits. In just four weeks, a class of soldiers who volunteered for Special Forces training from infantry training at Fort Benning improved their average score on the Army Physical Fitness Test by 30 points at the conditioning course, from 229 to 259, Martin said. The recently enlisted soldiers were used as training prototypes for the civilians recruited under the new initiative.

King said the initial Special Operations Preparation and Conditioning courses' successes were outstanding — out of 39 soldiers, only three didn't meet the assessment and selection standard.

"At (Special Forces Assessment and Selection), we typically lose about 50 percent of the class," King said.

King also said another advantage

of enlisting civilian volunteers directly into Special Forces training was the fact that they would be able to provide more years of service than someone recruited in-service, who typically already has about eight years of service in the Army when they volunteer. Civilians recruited under the Special Forces Recruiting Initiative will on average have slightly more than two years in service when they complete their training and are assigned to a team.

Despite the program's popularity with the recruits, some have characterized it as a move to quickly inflate the ranks of busy Special Forces teams, deemphasizing high standards. King said criticism aimed at the program because of its creation during the heavy use of Special Forces soldiers in Operation Enduring Freedom was unfounded.

"There is some misconception that we are doing this because of Sept. 11. We have been working on an initial-accession program for quite some time — what Sept. 11 did was merely cause us to move up the timetable," King said.

"People have to understand that we have been training Special Forces soldiers for 50 years. There is nobody in this organization that is interested in taking shortcuts or compromising how we train. But everybody in this organization is absolutely confident in our ability to train these young men to standard."



# Military Briefs

## Programs, Classes & Workshops

### Records Management will conduct the following Modern Army Recordkeeping System classes

— Personnel wishing to attend must submit a memorandum with full name, rank, organization and point of contact with telephone number to the Directorate of Information Management, Management Services Branch, by the suspense dates. All classes will be conducted from 9 a.m. to 3 p.m. Class dates are April 24, DOIM, classroom A; May 8, Army Community Services, Aspen classroom, suspense: May 3. For information, call Duane Gregorich at 526-2107 or e-mail [duane.gregorich@carson.army.mil](mailto:duane.gregorich@carson.army.mil).

**eArmyU briefings will be conducted** at the Mountain Post Education Center, building 1117, room 202A, Tuesdays from 9 to 11:30 a.m. Soldiers interested in participating in eArmyU must attend a briefing before being considered for enrollment. eArmyU is the Army's educational initiative designed to offer eligible enlisted soldiers the opportunity to work toward a college degree or certificate anytime, anywhere. Soldiers are offered access to some of the nation's finest accredited colleges, universities and technical schools. Eligible soldiers receive 100 percent funding for tuition, books and course fees, plus a technology package, which includes a laptop computer, printer, internet service provider account, e-mail account and technology support. For information call, Virginia Frazier, 526-5544; Ursula Miller, 526-4104; or Bill Unger, 526-4125.

**The American Red Cross** is there in times of need. In an emergency, call (877) 272-7337 for assistance in reaching family members. Be prepared to provide the servicemember's full name, social security number, branch of service, rank and military unit. For other services and questions, call the local Red Cross chapter at 526-2311.

**Soldiers are reminded to come to the Community Housing Referral and Relocation Services Office**, building 7301, to update waiting list information every six months. If you are on the waiting list and haven't updated your information in the last 60 days, do so right away. It is important that housing has good contact information in order to offer you on-post housing. For information, call 526-2322.

**Effective immediately, soldiers who are scheduled to attend Special Forces Assessment and Selection training** will not have orders deleted, deferred or be otherwise prevented from attending the scheduled training. Any requests for exception to this requirement must be endorsed by the first general officer in the soldier's chain of command. Soldiers who volunteer for SFAS prior to receipt of assignment notification will be deferred to allow for SFAS attendance. Assignment of SFAS graduates to the Special Forces Qualification Course will take precedence over any assignment conflict. For information, call (703) 325-2450.

**The Army is looking for soldiers to serve on attache duty.** The U.S. Army Attache Management Division is seeking active duty enlisted soldiers in the grades of E-4(P) to E-8 to serve in the Defense Attache System as operations noncommissioned officers. Operations NCOs serve as soldier-diplomats at Defense Attache Offices located in U.S. embassies in more than 100 countries worldwide. NCOs considering an attache assignment must be on active duty, qualify for a top secret security clearance, have a GT score of 115 or higher, a CL score of 120 or higher, type 40 words a minute and possess at least some computer skills. Soldiers must also score 100 or high-

er on the Defense Language Aptitude Battery. All family members must be U.S. citizens and meet medical standards for the country of assignment. For more information, contact Sgt. 1st Class Jeff Williams at (301) 677-2134 Ext. 2633, DSN 622-2134, Ext. 2633, or via e-mail at [jeff.williams@us.army.mil](mailto:jeff.williams@us.army.mil).

## Closure

**The Fort Carson ID Card Section will be installing a new ID Card system.** The section will have limited services May 16 and 17, and will be closed May 20, 21 and 22. Normal operating hours will resume May 23. The new ID Card will not be issued to family members, retirees, Inactive Ready Reserve and Inactive Guard. ID Cards and DEERS enrollment can be done at the Air Force Academy, building 5136, or Peterson Air Force Base, building 350.

## Hours of Operation

**The 3rd Cavalry Museum will be open** to the public from 9 a.m. to 4:30 p.m. Tuesdays through Fridays until further notice. The museum will be closed Mondays and federal holidays, except Memorial and Veterans Days. Group tours and individual visits from civilians without a valid government identification card can be arranged by contacting the museum, 526-1404 or 526-2028, within 24 hours of the planned visit. The museum staff apologizes for any inconveniences the schedule may create.

**The Army Ball** will be held June 1 at 5:30 p.m. at the Sheraton hotel on Circle Drive. The dress for soldiers is military formal and black tie for civilians. The cost is \$25, and tickets should be available from unit reps in late April.

**The Information, Tickets and Registration office has moved** — ITR is now located in the Outdoor Recreation Complex, building 2429 on Specker Avenue. The staffs of the ITR Office and the ORC Information Desk are being combined in an effort to better serve customers. Hours of operation are Tuesdays through Saturdays, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

**For official travel services**, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Mondays through Fridays from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an E-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an E-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

**Central Issue Facility hours of operation are:**  
*Regular business hours:* Mondays, Tuesdays, Wednesdays and Fridays from 7:30 to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays 7:30 to 10:30 a.m.  
*Initial Issue/Partial Issue/DX:* Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays: 7:30 to 10:30 a.m.  
*Partial Turn-Ins:* Mondays, Tuesdays, Wednesdays and Fridays from 11:30 a.m. to 3 p.m. *All Full Turn-Ins* require an appointment. Please call 524-2006 or 526-2729 to schedule an appointment. For questions, call Stacey Sly at 526-5512.

**Provost Marshal Office will no longer be in- or out-processing soldiers from 11:30 a.m. to 1 p.m.** due to the low number of soldiers serviced during that time. Normal operation hours are 9:30 to 11:30 a.m. and 1 to 4 p.m. Mondays through Fridays. Soldiers requiring any type of emergency clearing will continue to be assisted during that time. For information, call Staff Sgt. Alfred C. Kirk at 526-8289.

## Briefings

**ETS/Transition briefing schedule** — In order for soldiers to receive their ETS orders, the soldier must attend an ETS briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. The briefings are scheduled on the following dates: Wednesday, May 8, May 22, June 5 and June 19. More dates to follow as the date for those briefings nears. For more information, call the Transition Center at 526-2240/4298.

**Recruit the recruiter visit** — A recruiting team

### Billets off-limits to visitors

Due to the current situation, there are to be no visitors — civilians or family members — in the billets until further notice from the commanding general, according to Command Sgt. Maj. George Ponder, Fort Carson and 7th Infantry Division command sergeant major.

from Headquarters, U.S. Army Recruiting Command will be on post to Tuesday and Wednesday at 1 p.m. in the McMahon Theater to discuss eligibility criteria, application procedures, training and education programs and other career advancement opportunities associated with recruiting duty. The volunteer recruiting program is open to E-5s and above who meet the criteria. E-4s are also encouraged to attend to learn more about the corporal recruiting program. For information, contact a unit career counselor or on the Internet at [www.usarec.army.mil](http://www.usarec.army.mil).

**The commanding general's Newcomers' Briefing** is the third Wednesday of each month. The briefing is conducted at McMahon Theater from 1:15 to 4 p.m.

**Warrant Officer briefing** — A recruiting team from Headquarters, U.S. Army Recruiting Command will be on post to brief on the opportunities and procedures to become a warrant officer. Briefings will be conducted Tuesday and Wednesday, 11 a.m. and April 18, at 2 p.m. All briefings will be conducted at McMahon Theater. Eligibility criteria, application procedures, training and education opportunities, as well as other career advancement opportunities will be discussed. For information, contact Sgt. Nathaly Gaffke 526-1906.

**Editor's note:** The deadline for submitting "Briefs" to the Mountaineer is 5 p.m. Friday before publication.

# Sports & Leisure

### Commanding General's Golf Scramble

— Come out and play a round of golf at the Fort Carson Golf Course today. Prizes will be awarded for first through third places in Closest to the Pin and Longest Drive. The scramble is open to all Fort Carson military and civilians. Mulligans available: three for \$5, E-4 and below. Food and prizes also available after. For information call 526-4122.

**Garden of the Gods Walk** — The Falcon Wanderers Volksmarch Club of Colorado Springs will be sponsoring a 10 kilometer volksmarch April 20. Start and finish points are at the Garden of the Gods Visitor Center, second floor area, 1805 N. 30th Street. Participants may start any time between 8:30 a.m. and 12:30 p.m. The event is free and open to the public; walkers under 12 must be accompanied by an adult. Leashed pets are welcome and strollers and wheelchairs can complete the course. For information, call Annette Kester, 392-1834.

**Women's Post Softball Team** — It's time! The roster is now being formed for the 2002 Women's Varsity Softball Team. For information, contact Cheri Provancha, coach/manager, at 526-9392, Cathy Satow, 448-1225, or Josh Mitchell, sports director, 526-2411.

**Fort Carson Adult Hockey Team is looking for players of intermediate level and above.** The team plays in a highly competitive "no check" recreational league in Colorado Springs Sunday nights, and is open to all military and civilians on Fort Carson. For information, call 524-1461 or 510-6353.

**The following events are scheduled** at the Peterson Air Force Base fitness center:

**Tae Kwon Do is scheduled** Tuesdays and Thursdays from 6 to 7 p.m. for ages 7 to 13 and from 7 to 8 p.m. for 14-year olds and up.

**Personal trainers are available.** For information, call 556-4462.

**Questions about any of the above programs** offered at Peterson Air Force Base can be directed to the Special Programs staff at 556-1515.



**Better Opportunities for Single Soldiers**

**BOSS Executive Council** meets the second Tuesday of each month at 11 a.m. to 1 p.m. at the Post Physical Fitness Center, building 1829. The post BOSS meeting, for BOSS representatives, meets the third Thursday of each month at Christopher's from 1 to 3 p.m. For information, call 524-BOSS.

## Dining Schedule

### Weekday Dining Facilities

#### A La Carte Facilities

43rd ASG Cheyenne Mountain Inn (building 1040)  
3rd BCT Iron Bde. (building 2061)

#### Standard Facilities

10th Special Forces Group (A) (building 7481)

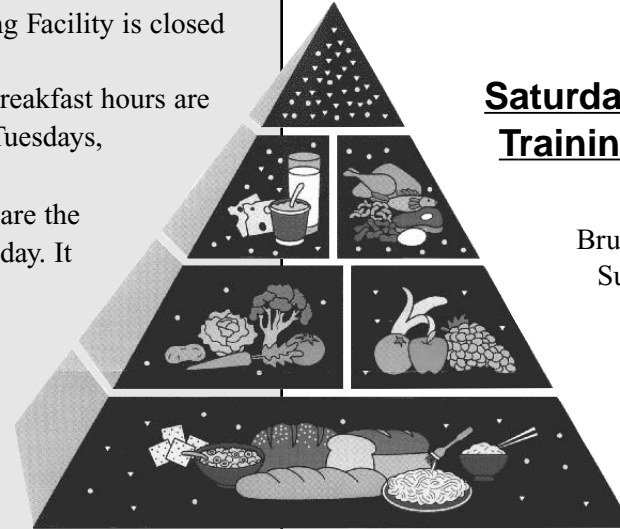
#### Weekday Meal Hours

|           | <b>Mon., Tues., Wed. and Fri.</b> | <b>Thur.</b>      |
|-----------|-----------------------------------|-------------------|
| Breakfast | 7:30 to 9 a.m.                    | 5:30 to 7 a.m.    |
| Lunch     | 11:30 a.m. to 1 p.m.              | noon to 1:30 p.m. |
| Dinner    | 5 to 6:30 p.m.                    | 4 to 5:30 p.m.    |

### **Week of April 13 to April 19**

#### **Exceptions**

- Butts Army Airfield Dining Facility is closed through May 1.
- Cheyenne Mountain Inn breakfast hours are 7 to 9 a.m. on Mondays, Tuesdays, Wednesdays and Fridays.
- 10th SFG (A) meal hours are the same Monday through Friday. It serves no dinner meal on Fridays.
- 3rd ACR CAV House Dining Facility is closed Saturday through April 28.



### Saturday, Sunday and Training Holiday Dining Facilities

3rd BCT Iron Bde. (building 2061)

#### Saturday, Sunday and Training Holiday Meal Hours

|        |                  |
|--------|------------------|
| Brunch | 9 a.m. to 1 p.m. |
| Supper | 3 to 5 p.m.      |

**Family members are cordially invited to dine at Fort Carson dining facilities.**



# Community

## AAFES recalls car seats, allergy medicine as precaution

### Army News Service

**DALLAS** — The Army and Air Force Exchange Service is pulling two items off shelves due to faulty manufacturing, but no injuries have been attributed to either product.

AAFES and Alpharma USPD, Inc., is voluntarily recalling the AAFES Brand Nasal Allergy Symptom Controller Cromolyn Sodium Nasal Solution USP due to failure to manufacture the lots, according to the required manufacturing practices, AAFES officials said.

Customers should stop using the spray and check to see if it is from one of the affected lot codes, officials said. The lot number and expiration date are located on the bottom of the box, or it can be found on the side of the spray bottle. The affected lots and expiration dates are as follows: RC1136, Sept. 30, 2003 and RH1465, Dec. 31, 2003.

Recalled products should be returned to the nearest AAFES retail store for a refund.

AAFES, along with the National Highway Traffic Safety Administration and Graco Children's Products, announced a recall of 918,930 SnugRide infant car seats equipped with a base.

In the event of a sudden stop or crash, the car seat could detach from the base resulting in serious injury or death. Graco has not received any reports of injuries or deaths. The recall is being conducted to prevent the possibility of injuries, officials said.

Some of the car seats may have missing components on the base or seat. The components are metal hooks, "U" bars or pins that are used to attach the carrier to the base. If the hardware is missing, the carrier may not be securely attached to the base.

Baby products stores throughout the United States, Canada and South America sold the car seats from August 1999 through February 2002. AAFES only sold model 8472BRN from January 2002 through March 2002.

The model numbers included in the recall are: 7493G9, 7493RS, 7497HL, 7497SY, 7499LK, 7499N2, 841101, 841102, 841103, 841203, 8412T02, 8457D5,

8457DBV, 8457F3, 8457GP, 8457IND, 8457MA, 8457MV, 8457RG, 8457TMJ, 8457TMP, 8457YL, 8458A5, 8458AE, 8458B7, 8458D8, 8458FKB, 8458HE, 8458HH, 8458KY, 8458N5, 8459VL, 8460LV, 8462HAV, 8462JAM, 8471UVB, 8472BLW, 8472BRN, 8472CYP, 8472GMP, 8472MAD, 8472YL, 8474HAB, 8474MEL, 8476VIN, 8477HAV, 8477JAM, 8477NGS and 8478SAR.

The model name, number and date of manufacture is located on the label adhered to the car seat or base.

Consumers with Graco infant car seats manufactured in the USA between Aug. 31, 1999 and Feb. 28, 2002, should visit the company's Web site at [www.gracobaby.com](http://www.gracobaby.com) or contact the company at (800) 664-5246 to determine if their unit is affected.

Consumers will receive a free replacement car seat or base if their unit is affected. Consumers may also write to

the company at: Graco Children's Products Inc.; P.O. Box 100; Elverson, PA 19520.



## Evans Army hospital first in new Pap smear technologies

### Fort Carson OB/GYN

Evans Army Community Hospital is the first Army hospital in the United States to implement a conversion to Liquid-Based Cytology for cervical cancer screening.

The U.S. Army is now adding Human Papillomavirus, or HPV, DNA testing, to help clarify inconclusive results Pap smears. Evans Community Hospital has led the way for the Army and has been routinely using these technologies since January, 2001. Beneficiaries in the rest of the Army will also soon benefit from these newest, most effective technologies in the battle against cervical cancer.

The two tests, known by their commercial names of ThinPrep and Hybrid Capture 2, can be done in one simple procedure. They are being implemented in 19 of the Army Medical Command's medical treatment facilities, where Pap smears are

currently processed. These include eight major medical centers and 11 Army community hospitals in the United States, Europe and Korea. Army officials emphasized that patients using smaller facilities, which send their tests to one of the 19 processing centers, also have access to this new technology.

Provider and pathologist training for the new Pap smear and Hybrid Capture 2. Was completed at Evans in late 2000. The Army's medical facilities should have a 100 percent conversion to the new technology by the end of May 2002.

"All of our cervical cancer screening in the Army has been converted to the liquid based cytology test," said Lt. Gen. James B. Peake, Army Surgeon General. "We are committed to providing the best health care available to all of our beneficiaries and this is a giant step forward in providing the best care in the world for

our female patients."

"The ThinPrep Pap Test and HPV testing are being widely adopted in civilian medical institutions and, after a careful review of existing technologies, we believe that these tests offer significant benefits for military personnel and their family members," said Peake.

In the clinic, Pap smear samples normally are smeared on a glass slide and studied under a microscope to discover abnormal cervical cells. The cytologist must look for cells in a haze of other material, and sometimes the smear is too thick to be accurately interpreted. In the ThinPrep process, the sample is suspended in a solution, then a filter rotates through the cell suspension, separating cells from blood, mucus and inflammation. The cells then are collected on the filter and deposited on the microscope slide, producing a much clearer view with

obscuring elements removed.

Published studies have shown that liquid-based cytology greatly increases the number of Pap smear samples that are usable on the initial tests, and reduces screening errors by as much as 50 percent. Lt. Col. Brian Crisp, Chief of OB/GYN at Evans, agrees. "We've seen a marked increase in the number of patients with dysplasia, or pre-cancerous lesions of the cervix, since we began use of the liquid based cytology method. Some of these lesions could have been missed on conventional pap smear testing."

"More accurate testing allows a clearer diagnosis" concurs Dr. (Lt. Col.) Dan Schaffer, chief of pathology at Evans. "Getting the right patients treated while not pulling soldiers away from duty in the

**See New technologies, Page 12**

## Racin' to the PX...

Clark Curtis, Pikes Peak International Raceway, talks to 1st Lt. Bruce Skrabanek, Headquarters and Headquarters Company, 3rd Brigade Combat Team, about the Formula One race car. Members from Pikes Peak International Raceway visited Fort Carson Monday to hand out free tickets to the NASCAR Craftsman Truck race and NASCAR 100 Featherlite Southwest Tour Race at PPIR May 18 and 19 for Armed Forces Day. For more information, call PPIR at 382-7223.



Photo by Spc. Roy Gomez



## Challenge yourself at Carson adventure programs, education

by Scott Edwards

### Adventure Programs and Education Team, Outdoor Recreation

*Technology is imposed on the land, but technique means conforming to the landscape. They work in opposite directions; one forcing a passage while the other discovers it.*

**Doug Robinson, 1972 - Climber, Author**

A common ideology adopted by outdoor educators is "Challenge by choice." But what exactly does this mean?

Choose to challenge yourself. Get out and do things you've never done, only dreamed of doing, or better yet never dreamed of doing. Just as the quote above suggests, discover something within yourself. Surprise yourself with the feeling of accomplishment when you intentionally remove yourself from your comfort zone and are forced to work past fears, emotions and what you think are physical limitations.

What better way to do this than to enroll in the Adventure Programs and Education climbing program located at Outdoor Recreation, building 2429, here on Fort Carson.

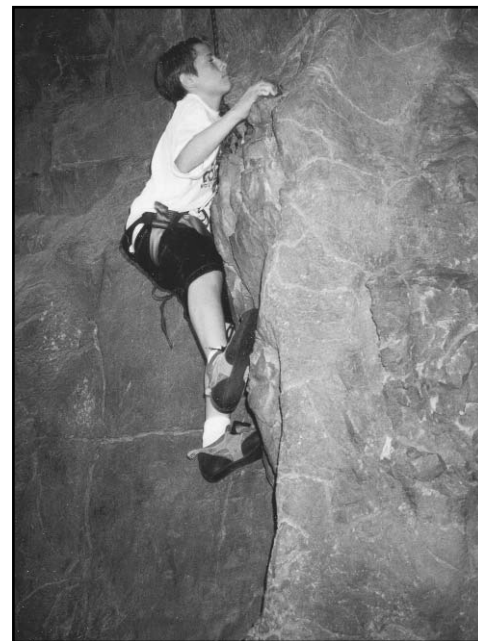
Rock climbing carries us to the wilderness where we play, letting the animal run. No matter where you climb, whether it's the highest peaks of Nepal or the warm rocks of Eleven-mile Canyon, climbing is just another way to be alive in nature while integrating the body and mind, adding an emotional charge.

Adrenaline surges through you, sharpening your senses. Mind and emotion are drawn in, charting moves, watching for safety and trying to think of climbing rather than falling. Precision movement over a wild, vertical playing field with fear, the deepest of all emotions, in every nerve, makes climbing a powerful meditation, a physical meditation. Someone might say it gives oneself a sense of height-

ened awareness.

Fort Carson's APE team will assist you on your path to "heightened awareness." Our experienced guides will give you the knowledge and skills necessary for you to achieve personal goals and surprise yourself with what you're capable of accomplishing. We have paved a road for you to follow, beginning with the "On Belay" course that will show you the basic knots, equipment and terminology you will need to be safe on this vertical playing field, while your feet are firmly planted on the ground. This first course will also get you off the ground and give you a taste of what's to come next.

Other courses include an anchors class, a body positioning, movement and technique class (an ice-climbing course is also available during the winter months). With the completion of these courses and the knowledge gained, you'll have tools to enjoy a real vertical adventure. Join us on one of



File photo by Nel Lampe

**Tommy Brook pulls himself up on the indoor climbing wall at the Outdoor Recreation Center.**

our climbing trips. Call the APE team at 526-8353 or 5176.



Photo by Spc. Roy Gomez

## *New community opens ...*

**Maj. Gen. Charles Campbell, Fort Carson and 7th Infantry Division commanding general, speaks to the audience prior to the ribbon-cutting ceremony at the opening of the new senior enlisted housing at Blackfoot Hill April 3. Blackfoot Hill is an 86-home community for first sergeants and sergeants major and their families. The housing area is part of the housing privatization program that started in November 1999.**

## **New technologies**

**From Page 10**

right thing to do.” LBC is currently used in about 35 percent of the 50 million Pap smears performed in the United States annually. The Army will be at 100 percent LBC testing.

“This new technology will be a great convenience for the patient and enhance productivity in our OB/GYN clinics,” said Peake, “because we won’t have to call patients in for additional smears. That first sample can now be follow-up tested for HPV DNA. A positive test will indicate that we have to manage that patient closely, while patients with negative tests can return to a normal screening schedule.”

In the past, some 2 million Pap smears a year have produced unclear results, known as ASCUS (Atypical Squamous Cells of Undetermined Significance), resulting in additional testing or invasive procedures. The new procedures can mean fewer repeat patient appointments and lower overall costs.

According to the World Health Organization and the National Institutes of Health, HPV is the cause of virtually all cervical cancer. Studies have clearly confirmed a strong, causal link between HPV and cervical cancer that is independent from other risk factors.

“Having HPV doesn’t mean a women will definitely get cervical cancer,” cautioned Lt. Col. Jay Carlson, OB/GYN consultant to the Army Surgeon General. “There are nearly 100 different types of HPV. Twenty-three of these are present in the genital tract with only 13 key types associated with cancer and considered ‘high risk’. Persistent infection with these types of HPV is required for cervical cancer to develop,” said Carlson.

Carlson pointed out that clinical trials by the National Cancer Institute show that HPV testing is the most effective way to manage women who are diagnosed with mild abnormalities following their routine Pap smear.

ThinPrep and the Hybrid Capture 2 HPV DNA Test are both approved by the Food and Drug Administration.

“The Army, with its inherent worldwide missions, frequent deployments, young and highly mobile population, requires a screening tool that is reliable, timely and accurate,” Peake said. “The rewards of more accurate Pap smear analysis will be more opportunities to intervene in the early stages of pre-cancer or cancer, less patient anxiety, more convenience for patients and cost savings.”

**Editor’s note:** This story was compiled by the OB/GYN clinic, based off the original story written by Rick Sonntag, U.S. Army Medical Command.



# Community Events

## Fort Carson

**Senior Law Day 2002** — A free event will be held April 27 from 9 a.m. to 3 p.m. to inform seniors on relevant legal issues at the Colorado Springs Senior Center, 1514 North Hancock. There will be free admission and lunch; seating is limited. Call 385-5933 to sign up.

**Fort Carson will be hosting a concert by "Reflections Home School Choir"** from Dallas April 28, from 2:30 to 4 p.m. at Soldiers' Memorial Chapel. Music will consist of patriotic and religious themes and is free to the public. The choir will also perform April 29 at Carson Middle School.

**Holiday Village pictures to be picked up** — Due to technical difficulties, some customers did not receive their pictures made with Santa during the Holiday Village. The pictures are now located at the J.A. Jones office, 4800 Mc Nerney St., and can be picked up. For information, call 579-1042.

**National Prayer Breakfast** — will be held May 3, 7 a.m. at the Post Physical Fitness Center. Guest speaker will be Chap. (Col.) Jacob Goldstein, staff chaplain for the New York Army National Guard. Goldstein began his Army career in 1977 and has served in many deployments and mobilizations. Most recently he served as Joint Task Force Chaplain for Operation Rainbow Hope at "Ground Zero" following the Sept. 11 attacks for nearly five months. Topic will be Ground Zero at the World Trade Center. Special music will be provided by James Divine, Harmony in Motion and Rebekah Glad. A \$5 donation is suggested to attend, and tickets can be obtained from unit chaplains, Command Sergeants Major or at the Command Chaplains Office at 526-5279.

**The Preventive Medicine Careline has moved out of the hospital** — The careline is now located on the "belt" in building 2059.

**The 4 East Family Care Ward has moved** — The ward is now on 5 East. All phone numbers will remain the same.

**Recycling drop-off points now accept plastic and glass** — Fort Carson has two recycle drop-off locations open 24-hours a day; one located at the Recycle Center, off Wickersham Boulevard., near Gate 3; the other is at the southeast corner of the post exchange on Sheridan Avenue. The center accepts cardboard, white paper, newspaper, magazines, aluminum, tin, plastic and glass. The PX site accepts all the above except white paper and brass. For information, call 526-5898.

**Destination Germany** — Are you getting ready to change duty stations? Don't miss the opportunity to attend the Army Community Services new class, Destination Germany, to learn about the culture, various German traditions and unusual laws. This class will help you prepare for the long flight and meet other spouses and soldiers preparing for the same move. Guest speakers will also be available. Destination Germany meets the fourth Thursday of every month from 6 to 8 p.m. If interested in attending Destination Germany or for other programs offered by ACS, call 526-4590 to register.

**The Pikes Peak Chapter of the American Red Cross offers many training courses** throughout the Colorado Springs Community. Courses offered on military installations require a government ID card to enter the installation. For a list of current dates and times of classes being offered, call 526-2311. Registration can be done over the phone or in person at the main office, building 1526, in the Family Readiness Center.

**DeVry Institute of Technology** will have a representative available at the Education Center Wednesdays from 11 a.m. until 12:30 p.m. Those interested are encouraged to visit the office to learn more about DeVry's career-focused educational approach and degree offerings in business and technology. DeVry's programs are offered locally or online. For information about DeVry, visit [www.cs.devry.edu](http://www.cs.devry.edu), or call Staci Busby at (303) 269-0343, ext. 230.

## Around town

**Residential Technology Recycling event** — Recycle your computer through Better Environment Through Technology's annual Earth Day Collection April 19 to 20 from 9 a.m. to 3 p.m. at 5725 Mark Dabbling Blvd. (head west on Rockrimmon off I-25.) The cost is \$5 for each computer component. There is no charge for cell phones, keyboards and mice. Recycled cell phones are donated to potential victims of domestic violence. The event is for residential computers only. For information, call Alicia Archibald, 633-4343, ext. 203, e-mail [aarch@clnair.org](mailto:aarch@clnair.org) or [www.bettr.org](http://www.bettr.org).

**Silver Key volunteers needed** — Silver Key is in urgent need of drivers for the Meals-on-Wheels Program. This is a vital program, and volunteers can make a big difference in the lives of the elderly by delivering meals to them. For questions, call 632-1521, ext. 105.

**Earth Day celebration, silent auction** — April 20 at the Fine Arts Center. The event starts at 6:30 p.m. and is \$20 per person, which covers one meal and one drink ticket. A cash bar is also available. Joanne Taylor Rhythm & Blues Revue will be the entertainment. For tickets, call Stephen Koval at 633-4343, ext. 211.

**El Paso County Hazardous Waste Roundup** — A Household Chemical Waste Collections will be April 26 for seniors only from 1 to 3:30 p.m., and April 27 for all residents from 8:30 a.m. to 3:30 p.m. at the Penrose Equestrian Center, off 21st Street at 1045 W. Rio Grande St. Fort Carson residents are encouraged to drop off hazardous household products at the roundup, which is a free service provided to the county. Maximum drop off quantity per household is 50 pounds solid/ 5 gallons liquid. Please separate materials as follows: Explosives, batteries, tires (limit four, no rims); Antifreeze, oil, paint and paint-related products; and household products, garden products and chemicals. A tax-deductible cash donation and/or a nonperishable food item is requested. Volunteers are needed for the events. If interested, call 575-8450.

**Free, usable paint giveaway** — April 28 from 8:30 a.m. until noon at the Penrose Equestrian Center. For information, call 575-8450.

**Ebony Fashion Fair**, a benefit show sponsored by Iota Beta Omega Chapter of Alpha Kappa Alpha Sorority, Inc. for benefit of local scholarships and charities, will feature the best and newest of American and European fashions worn by Ebony models. The fair is April 27, 8 p.m. at the Pikes Peak Center. Get tickets by calling 520-SHOW.

**Little London Stitchers**, local chapter of the American Needlepoint Guild, is looking for new members who enjoy the art of needlepoint. The group meets the third Tuesday of each month from 6:30 to 9 p.m. at the Penrose Library. There will be a business meeting before the program.

**School District 11 Community Education** is currently registering for its winter/spring programs. A variety of classes is being offered at a number of locations. Course offerings include: computer instruction, gardening, dance, guitar, art, babysitting, foreign languages, crafts, managing rental property, floral arranging, yoga, photography and more. Students do not need to be from District 11 to enroll. For information, call 520-2384, or go to the Web site [www.cssd11.k12.co.us](http://www.cssd11.k12.co.us).


**The Genealogical Society of Colorado Springs** is offering free beginning classes specializing in African-American Genealogy. The afternoon classes will be taught at the Penrose Public Library and the Family History Center Saturday. To register or for more information, call Candice K. McKnight at 227-1959 or 520-9784.

**The Vietnam Memorial Moving Wall will be in Rocky Ford**, May 3 to 9. This will be the only stop in Colorado for the Moving Wall. There will be two Vietnam Memorial Directories, which list all who died in the war and where their names are located. Five computers will also be setup with the same information to assist visitors. Volunteers are needed to help with various jobs to go with hosting the wall. To volunteer for this event, call David Knudsen, 254-4158, or e-mail [dknudsen54@rural-com.com](mailto:dknudsen54@rural-com.com). For information on the wall, visit [www.TheMovingWall.org](http://www.TheMovingWall.org).

## Miscellaneous

**The "Sept. 11th Victim Compensation Fund"** is available to all those who have been injured or lost a family member in the terrorist acts and experienc-

**Army Community Service  
Family Readiness Center**  
719-526-4590



# ARMY FAMILY TEAM BUILDING

[www.ArmyFamilyTeamBuilding.com](http://www.ArmyFamilyTeamBuilding.com)

## Monday, 15 April

### 8:30am-4pm

### ACS Family Readiness Center

Classes are also taught in Spanish, please inquire.

**Topics Covered Include:**

- ☐ Mission & Family Readiness
- ☐ Adapting to Army Life
- ☐ Accepting Challenge
- ☐ Managing Change



Please call in advance to register for class and childcare. Limited childcare is available.  
ACS Family Readiness Center, 6303 Wetzel Ave., Bldg. 1526, Fort Carson, Colorado 80913, 719-526-4590  
OR 2003

ing difficulty securing financial assistance. In addition, a nonprofit group, Trial Lawyers Care, will provide an attorney free of charge to any eligible victim who wishes to file a claim for compensation under the fund. For more information go to [www.9111LawHelp.org](http://www.9111LawHelp.org) or call (888) 780-8637.

**DTI's toner and inkjet cartridge recycling program** is a great way to help support military personnel and the Colorado Springs community. DTI will donate a portion of the proceeds from toner and inkjet cartridges to Colorado Springs Utilities "Community Focus Fund." DTI has recycling bins throughout most of the buildings on post, and will schedule pickups every two weeks or as needed. If Fort Carson personnel and their families would like to participate, they may also donate toner and inkjet cartridges from home. Proceeds from the toner and inkjet cartridge recycling program go toward food baskets, clothing, toys and financial aid, along with other items to help support the local military. If you have a location on base that needs a recycling bin, call DTI at 955-0520.

## Annual leave needed

Civilian employees who would like to donate annual leave under the "Voluntary Leave Transfer Program" to sick or injured employees can refer to Fort Carson Regulation 690-4.

Leave donation forms may be obtained from administrative/personnel sections. Completed forms should be forwarded to leave-approving officials for approval, then to the customer service representative at the Directorate of Resource Management.

Annual leave donors are needed for:

**Carolyn Harris and Candice Miller**, both employees of the Dental Activity, need annual leave donations to help cover absences due to the exhaustion of available paid leave.

For information about the above-listed DENTAC employees, contact Bonny Edwards, 526-2006 or 526-2877.

**Sharon Trigg, Betty Meek, Decanne K. Lau, Zarene DeKraai, Tania M. Sloan, Maxine M. Featherston**, employees of the Medical Department Activity, need annual leave donations to help cover absences due to the exhaustion of available paid leave.

For information about the above-listed MEDDAC employees, contact Ruben Espinoza, 526-7246.

## Chaplain's Corner

### Reproof your life: Pay attention when people offer corrections

Commentary by Chap. (Maj.) Ben Collins  
Command Chaplain's Office

*Proverbs 12:1.*

So you've been corrected again. It's not enough that your boss finds things wrong, but now, fellow soldiers, your family, your spouse, your friends, even total strangers, all can tell you what you did wrong and how to fix it.

What are you supposed to do with all this advice? The Bible would call it reproof (especially the negative comments), and it has some interesting insights. Proverbs 12:1 says, "Whoever loves discipline loves knowledge. But, he who hates reproof is stupid." The verse states that if you don't pay attention when people offer corrections, you are stupid.

But, listen to everyone? Yes. One way to sum up everything the Bible has to say about listening to correction is this: set aside your emotional reaction, set aside your reaction to the source (whoever is saying these things) and consider the truth of what they are saying. For some reason, we think that if we don't like the person who "corrected" us, or we don't like the way they said it, we don't have to make the correction.

Remember two things: first, God is truth. Therefore, if anyone makes an accurate point —thank God for providing this help for you in your quest for excellence and do something about it. If the information is wrong, then thank the person for caring enough to tell you and keep doing what is right. Your opportunity, to keep from being stupid, is to carefully consider, in light of God's truth, all the information you receive. Just being willing to think about it, will help you correct it, or will strengthen your good behavior.

Secondly, in the Bible, God used different means to pass on truth to individuals. Sometimes when God wanted to get a point across to a person, he sent an angel. That was exciting and motivating and a little scary. But remember the story of Balaam, the prophet. He was headed off to do something that God did not want him to do. In that case, God used his donkey to get his attention. The donkey spoke and told him where he was wrong.

So, whether God chooses to use an angel to help you learn the truth, or if he decides to use a donkey, you have the opportunity to respond to the truth, recognizing that the God of truth is helping you succeed in life.

### Post invited to prayer breakfast

Command Chaplain  
Office

The Fort Carson Community will gather at the Post Physical Fitness Center for the National Prayer Breakfast May 3 at 7 a.m. This year's guest speaker is Chap. (Col.) Jacob Goldstein, staff chaplain for the New York Army National Guard.

Goldstein began his Army career in 1977 and has served in many deployments and mobilizations. Most recently he served as Joint Task Force chaplain for Operation Rainbow Hope at "Ground Zero," following the Sept. 11, attacks for nearly five months. Goldstein will speak on "Ground Zero at the World Trade Center."

The National Prayer Breakfast promises to be a time of spiritual growth and bridge building. This annual event has served as an occasion for people of all faiths to assemble and enjoy fellowship as a single group. Goldstein is a Jewish Rabbi, yet people of all beliefs will no doubt pull together with his testimony of faith in the face of evil.

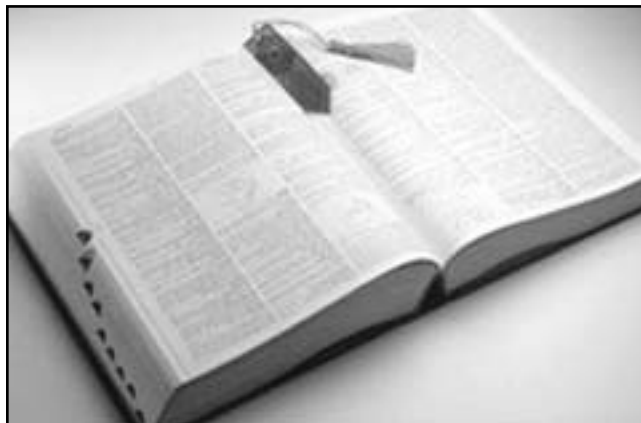
A \$5 donation is suggested, and tickets can be obtained from unit chaplains, Command Sergeants Major, or at the Command Chaplain's Office at 526-5279.



File photo by Spc. Stacy Harris

**Last year's National Prayer Breakfast attendees chose from eggs, bacon, sausage, grits and biscuits during the meal portion of the celebration. The prayer breakfast this year is May 3.**





## Chapel

**Griefshare** — The Bereavement Support Group meets Thursdays, 6 to 8 p.m. at the Friendship House, building 1354. Griefshare is a weekly seminar/support group for people who are grieving the death of someone close to them. For information, call Sabine Maresco, 526-6917.

**New Bible Study** — Junior Officers Christian Fellowship Bible Study to begin soon. Meetings will be Thursdays at 7 p.m. For location, call Capt. Colin Wooten, 526-5272 or Chap. (Capt.) Sungjean Kim, 526-6941.

**Summer Vacation Bible School is looking for you** — Vacation Bible School 2002, entitled Bug Safari, will be June 17 to 21 from 9 a.m. to noon at Soldiers' Memorial Chapel. Small Group, Safari crew leaders will be responsible for a group of five children of various ages. Training will be provided. Child care is provided for all volunteers during training and program sessions. For information or to volunteer, call Dennis Sheck, 526-5626, or Jim Sciegel, 526-5744. Registration for students will begin after May 1.

**WICCA group meets at Fort Carson** — The goal for the Fort Carson Open Circle is to allow people of all traditions to come together and learn from each other. They are openly eclectic in that their members are not all of the same faith group, but of many different faiths and traditions. The group is here to teach each other and to learn from one another. They invite those who have years of experience and those seeking their path to come together. The group meets Tuesday at 6:30 p.m. at the Family University, next to McKibbin Physical Fitness Center. For questions, call 229-8948 or 634-7243 or e-mail [ftcarsonopencircle@hotmail.com](mailto:ftcarsonopencircle@hotmail.com).

**Youth of the Chapel** — Activities for Protestant and Catholic middle school and high school youths take place each Sunday at 1:30 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 a.m. Sunday at Soldiers' Memorial Chapel.

## Chapel Schedule

### ROMAN CATHOLIC

| Day                 | Time       | Service | Chapel    | Location            | Contact Person         |
|---------------------|------------|---------|-----------|---------------------|------------------------|
| M-W-F               | noon       | Mass    | Healer    | Evans Army Hospital | Fr. Gagliardo/526-5769 |
| Tues., Wed., Thurs. | noon       | Mass    | Soldiers' | Nelson & Martinez   | Chap. Stahl/526-5769   |
| Saturday            | 5 p.m.     | Mass    | Soldiers' | Nelson & Martinez   | Chap. Stahl/526-5769   |
| Sunday              | 8 a.m.     | Mass    | Prussman  | Magrath & Titus     | Chap. Stahl/526-5769   |
| Sunday              | 9:30 a.m.  | Mass    | Soldiers' | Nelson & Martinez   | Chap. Stahl/526-5769   |
| Sunday              | 10:45 a.m. | CCD     | Soldiers' | Nelson & Martinez   | Jim Sciegel/526-5744   |
| Sunday              | 11 a.m.    | Mass    | Healer    | Evans Army Hospital | Fr. Gagliardo/526-7386 |
| Sunday              | 12:15 p.m. | Mass    | Provider  | Barkeley & Ellis    | Chap. Stahl/526-5769   |

### PROTESTANT

|        |           |              |           |                     |                        |
|--------|-----------|--------------|-----------|---------------------|------------------------|
| Sunday | 9 a.m.    | Protestant   | Healer    | Evans Army Hospital | Chap. Simmons/526-7387 |
| Sunday | 9 a.m.    | Protestant   | Provider  | Barkeley & Ellis    | Chap. Drake/526-4206   |
| Sunday | 9:30 a.m. | Protestant   | Veterans' | Magrath & Titus     | Chap. Atkins/524-1822  |
| Sunday | 11 a.m.   | Protestant   | Soldiers' | Nelson & Martinez   | Chap. Kincaid/526-8011 |
| Sunday | 11 a.m.   | Prot./Gospel | Prussman  | Barkeley & Prussman | Chap. Pair/526-2811    |
| Sunday | 9:30 a.m. | Sun. School  | Soldiers' | Nelson & Martinez   | Dr. Scheck/526-5626    |
| Sunday | 9:30 a.m. | Sun. School  | Prussman  | Barkeley & Prussman | Chap. Pair/526-2811    |
| Sunday | 6:30 p.m. | PYOC         | Soldiers' | Nelson & Martinez   | Ms. Scheck/524-1166    |

### LITURGICAL PROTESTANT

|        |            |            |          |                  |                      |
|--------|------------|------------|----------|------------------|----------------------|
| Sunday | 10:45 a.m. | Protestant | Provider | Barkeley & Ellis | Chap. Bauer/526-5279 |
|--------|------------|------------|----------|------------------|----------------------|

### JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

### WICCA

|                     |           |                          |                  |  |
|---------------------|-----------|--------------------------|------------------|--|
| 2nd and 4th Tuesday | 6:30 p.m. | Spiritual Fitness Center | Barkeley & Ellis | Ms. Costantino-Mead/<br>(303) 428-7703 |
|---------------------|-----------|--------------------------|------------------|--|

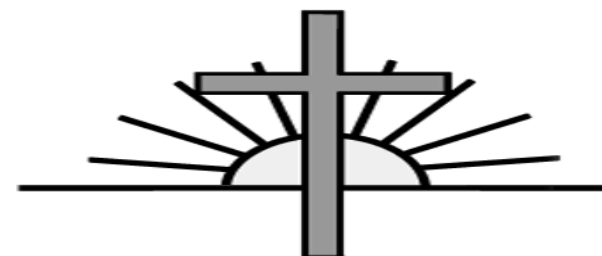
For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.

**The Army Cycle Of Prayer** — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following: **Unit:** For the soldiers and leaders of the 3rd Infantry Division, located at Fort Stewart, Ga. **Army:** For the men and women of the Army Corps of Engineers. Pray that God will bless the mission of the 34,600 civilians and 650 military men and women as they meet the challenging issues and requirements of America's Army. **State:** For all soldiers and families from the state of Georgia. Pray also for Gov. Roy Barnes, the state legislators and local officials of the Peach state. **Nation:** For the Secretary of Transportation, Norman Mineta. Pray for this agency in its mission to oversee the formulation of national transportation policy and promote intermodal transportation. **Religious:** For all the soldiers and families from the Churches of God. Pray also for all military chaplains endorsed to serve on behalf of this community of faith.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at [www.usarmychaplain.com](http://www.usarmychaplain.com).

**Daily Bible readings:** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday — Psalms 119:41-48 & Corinthians 1-4**  
**Saturday — Psalms 119:49-56 & Corinthians 5-7**  
**Sunday — Psalms 119:57-64 & Corinthians 8-10**  
**Monday — Psalms 119:65-72 & Corinthians 11-13**  
**Tuesday — Psalms 119:73-80 & Galatians 1-3**  
**Wednesday — Psalms 119:81-88 & Galatians 4-6**  
**Thursday — Psalms 119:89-96 & Ephesians 1-3**







File photo by Nel Lampe  
Sgt. Amy Harshman, 59th Military Police Company, grooms a horse before going for a ride at Turkey Creek Recreation Area.



Photo by Nel Lampe  
A group of 11-to-13-year-old members of the Fort Carson Youth Center take a recreational ride at Turkey Creek.



File photo by Nel Lampe  
Leticia Deleon, a member of INROADS/Colorado, participates in teambuilding at the post's Outdoor Recreation Alpine Tower.



File photo by Nel Lampe  
Staff Sgt. Jay Rudolph fishes for bass at Fort Carson's Haymes Reservoir.



File photo courtesy Rob Lampe  
A group of Fort Carson participants enjoy a whitewater rafting trip on the Arkansas River near Canon City.

# Spring Fever

*Cure your spring fever with outdoor activities around Fort Carson and Colorado Springs*

**Sgt. Alicia Frost**  
Mountaineer editor

As spring approaches, many people who wouldn't brave the cold Colorado winters are once again seeking adventure. The Outdoor Recreation Center on post can help with most any activity a person could need equipment or instructions for.

The Outdoor Recreation Center has an equipment rental center, which includes items for camping, fishing, mountain biking, skiing and other outdoor activities.

Other activities include rock climbing — outdoor recreation has its own indoor and outdoor climbing wall. The center offers classes to teach beginners how to tie knots, techniques of belaying and climbing communication. After the class, beginners will be qualified to climb with a certified partner. The class also prepares those who want to continue on to two higher skill-level classes the recreation center offers.

**Want to race down the mountain on a bicycle?** After a crash course on mountain biking skills, interested riders can start the day at the top of Cheyenne Mountain and work their way down the old Cripple Creek mining road.

If adventure-seekers would rather battle their way down the river, swimmers can take advantage of the licensed Colorado River Outfitter on Fort Carson and

take a whitewater rafting trip. Trips begin June 1 and the length of the season depends on the amount of snowfall during the winter.

**Prefer your water indoors?** Swimmers and non-swimmers alike can enjoy water aerobics, swim team and swimming lessons at the indoor pool, which is open year-round. The outdoor pool will open Memorial Day.

Soldiers and family members can also take advantage of Turkey Creek Recreation Area, which offers horseback riding, picnic sites, hayrides and more. Turkey Creek also has a stable for private horses.

**More interested in sports?** The Outdoor Sports Complex has eight softball fields and three soccer/football fields, all of which can be lit for nighttime use. The Intramural Softball Season begins May 1, with a preseason tournament Monday. Units can still sign up for the intramural season. There is a pick-up team for softball; players must be 40 and over. Players can be family members, retirees, Department of Defense civilians and servicemembers. The sports coordinator is also looking for women players for a Fort Carson women's softball team.

Intramural soccer begins in late May. Teams can sign up until May 6. Also scheduled for the summer is a racquetball tournament May 25, 26 and 27. To sign up for the racquetball tournament call Ernie, at the

Garcia Fitness Center at 526-3944. For more information about any of the Intramural sports, call 526-2411.

Fort Carson also has an 18-hole golf course. Private and group lessons are available at the driving range. Golf carts have a state-of-the-art onboard global positioning satellite system that gives specific golf tips, distance to hole, pin placement and much more. The golf course is open to the public and accepts tee times for the weekend.

As weather warms up, grab your camping gear, golf clubs or your mountain bike and head outdoors to get rid of your spring fever.

For more information, call Outdoor Recreation Center at 526-2083, or visit the center in building 2429 on Specker Avenue.

## More phone numbers:

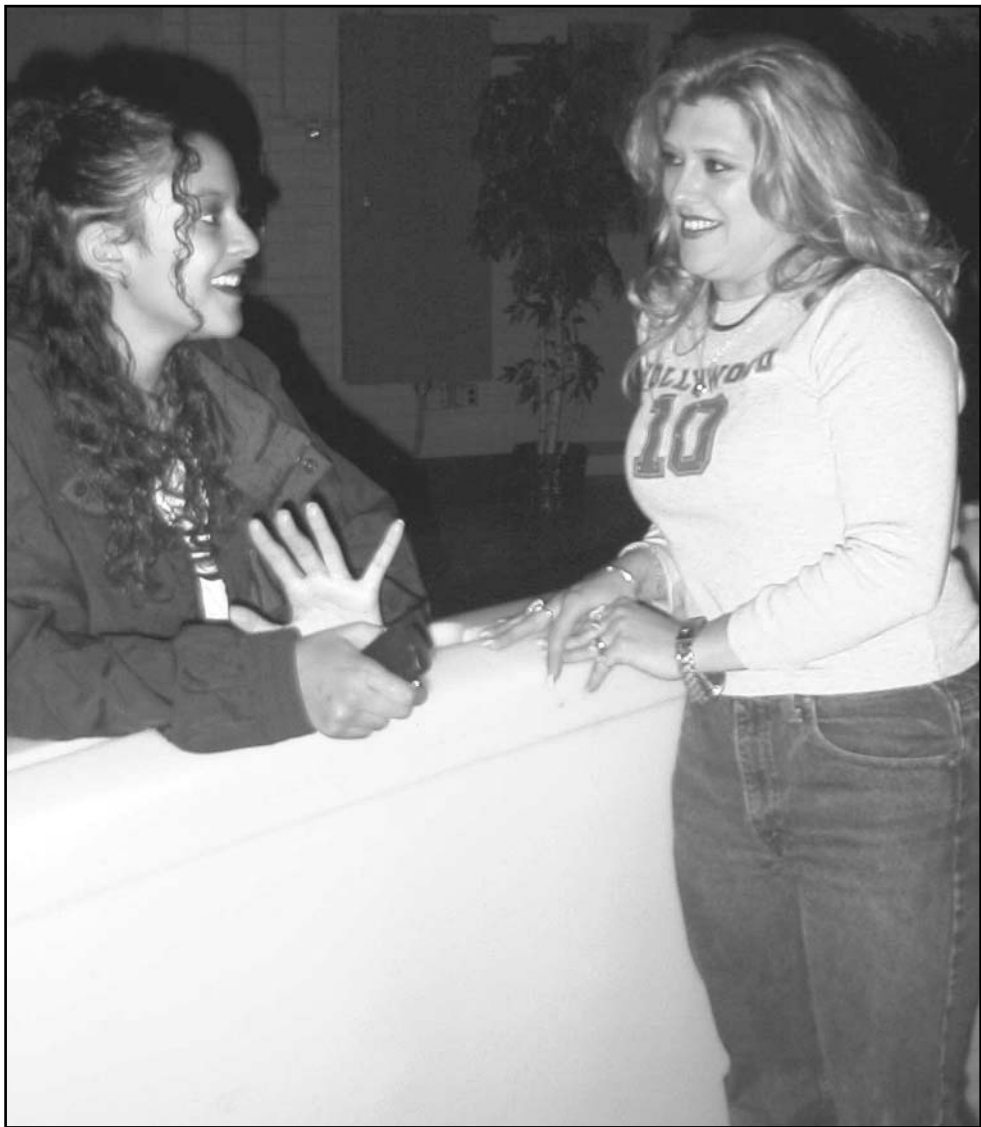
Turkey Creek Recreation Area 524-0857  
Turkey Creek Ranch 526-2350  
Indoor swimming pool 526-3193/3107  
Outdoor Sports Complex 524-1163  
Intramural sports 526-2411  
Post Physical Fitness Center 526-1023  
Information, Tickets and Registration 526-5366  
Golf course 526-4122



# Sports & Leisure

## Event of the Week

### Young and not so young enjoying skate night



Photos by Walt Johnson  
**Monette Johnson, left, talks with friend Jackie Nichols before Nichols took a spin on the skating rink.**

by Walt Johnson  
Mountaineer staff

If a person wanted to skate at the Saturday Night Skating Program at the Post Physical Fitness Center three weeks ago, they would have had sufficient room to do so.

As the weeks passed, that was not the case, as the number of patrons doubled in size each week. Saturday, the fitness center was packed — as close to 300 people were on hand for what is quickly becoming the place to be Saturday nights on post.

Skaters as young as 3-years-old and many much older could not control the excitement they felt as the Saturday evening program began to reach heights only imagined by the Directorate of Community Activities staff when the program kicked off a month ago.

"Participation has been tripling each week, and we hope it keeps up," said Becky Rudder, DCA recreation specialist.

"We don't know how big this program is going to become — we'll assess that in a couple of months, but we are certainly encouraged by the support of the post community for the program. Parents and children alike have been saying how much they enjoy a good family outing on post," Rudder said.

Debora Byna came to the fitness center for the first time Saturday because her children wanted to see what skating night was all about.

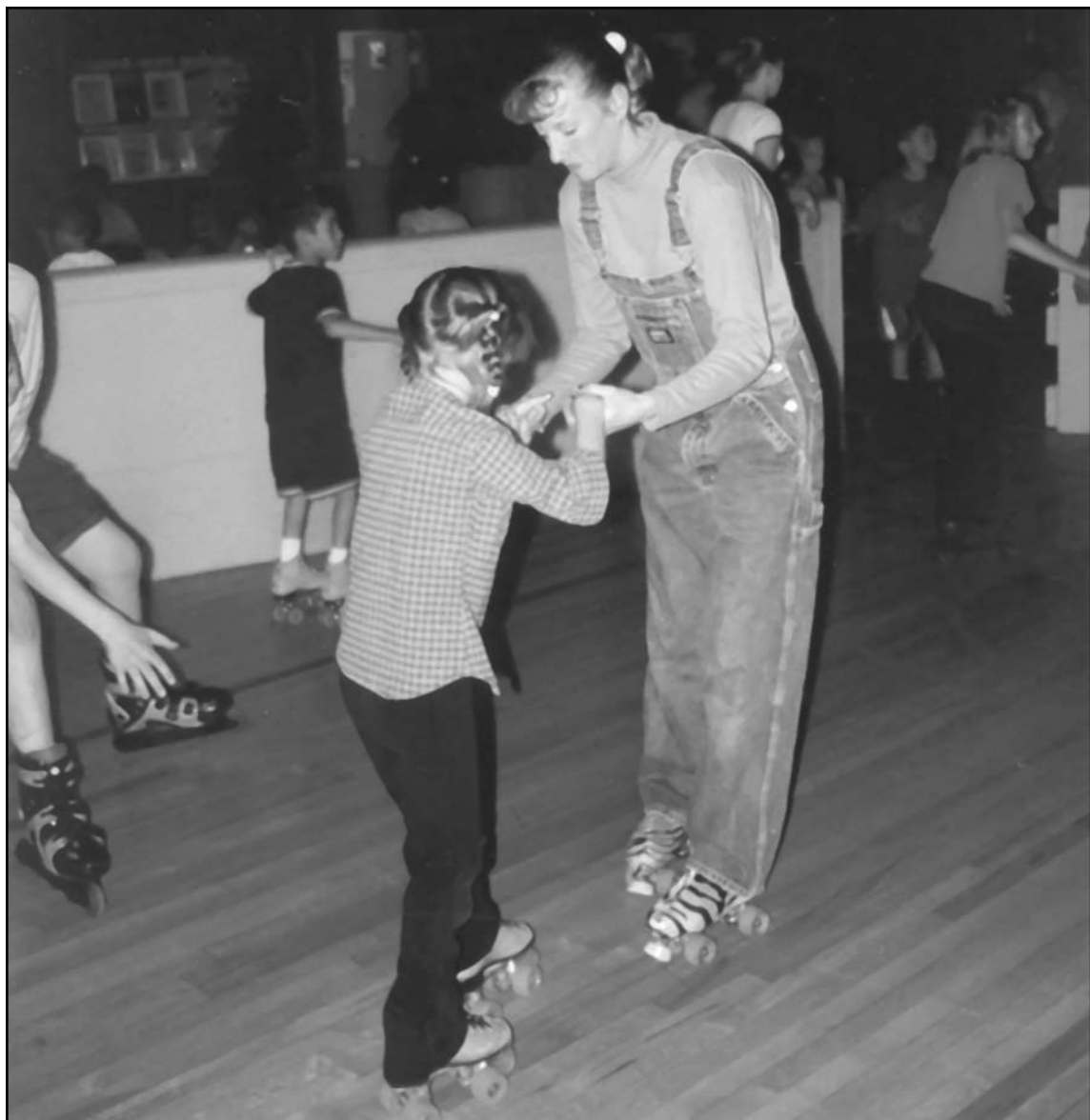
"We saw the fliers on post and read the articles in the *Mountaineer*, and my kids wanted to try this, and they wanted to see how big the skating rink actually is. It doesn't look like it would be this big from the outside but it is a nice sized rink."

Byna said the program was fun for the children as they got to skate around the arena and also served as a positive experience for the family members.

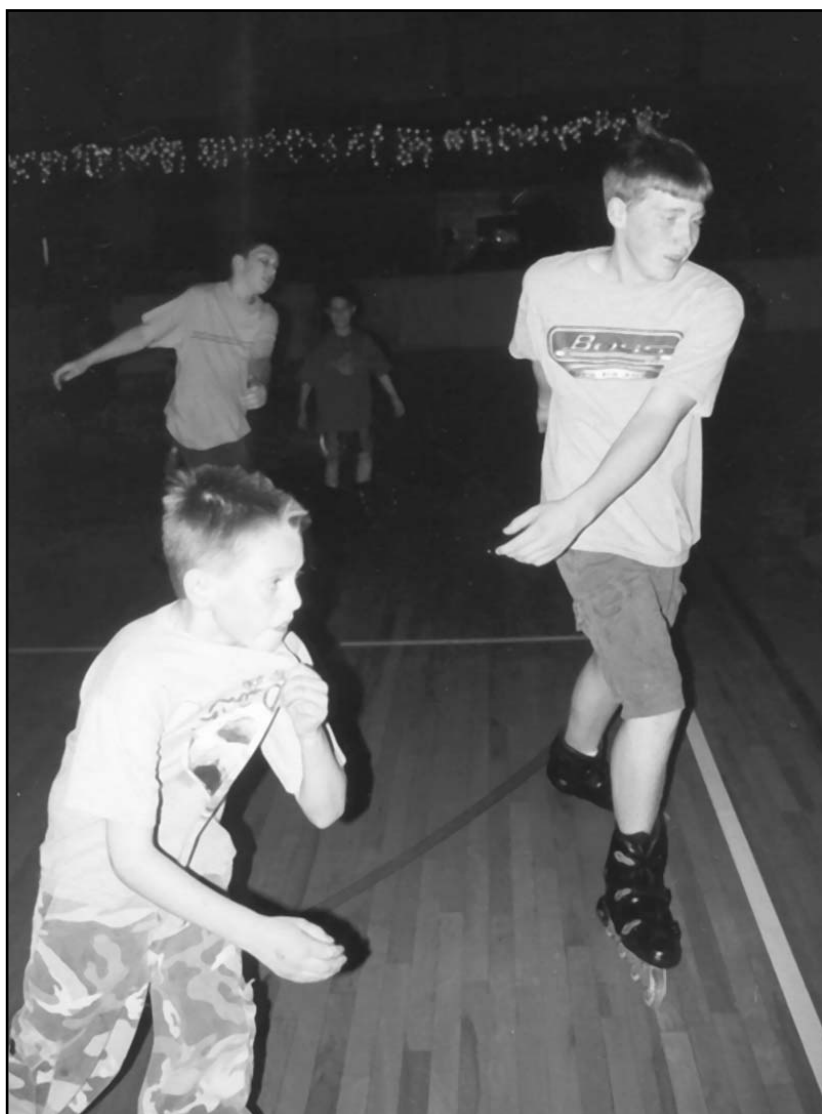
"This is good for the children because it's better for them than sitting home and watching television. I like the fact that it gives them a chance to exercise, also," Byna said.

Byna said a program like this could be habit forming for people who come out and see how much fun and excitement is generated by the skating and music.

"I wouldn't mind coming here every Saturday night because it's great family entertainment. I am also impressed that the management has set up a snack booth. We had dinner early (at 3:30 p.m.) and having the snack bar here meant we didn't have to bring snacks for the children, and when people get hungry or thirsty they have a good place for refreshments," Byna said.



**Michelle Seitts, left, gets help from her mother, Heidi Seitts, as she learns to skate.**



**Young skaters rolled around the rink with ease and skill Saturday night at the Post Physical Fitness Center.**

# Women boxers strive to break through gender barriers

by Shilpa Bakre  
freelance writer

In an era when equality is becoming more commonplace, most athletes take for granted they can participate to the highest level in just about any sport they choose. What many people don't know, however, is that this is not necessarily the case.

Although the sport of women's boxing has been up and coming for a few years, it has yet to become established in the world of sports. In 1993, the first-ever women's competitive amateur bout took place, which then led to the first Women's National Championships four years later. It took another two years to launch the first international event for women, and still another two years for the inaugural Women's World Championships, which took place last year in Scranton, Pa.

The hope for the immediate future is that women's boxing will be an exhibition sport at the Olympic Games in Athens, and then a full fledged sport in 2008. The U.S. Army is attempting to get a head start and develop several women boxers so there will be no doubt who the Olympic hopefuls will be.

This year's All-Army boxing championships was history in the making — for the first time, gender barriers were crossed and females were allowed to compete and earn berths to the Armed Forces Championships. Four women soldiers were sent to Camp Lejeune, N.C. in February to compete against Marine boxers. Three of the four were able to come out victorious and take the first steps in putting the Army Women's boxing program on the map.

In the 119-pound class Raelina Shinn of Fort



Carson fell short of the Armed Forces title as she was defeated by a much more experienced Marine, Alison Fasao, 20-2.

Erika Liciaga, boxing at 125-pounds, was able to effectively use her height and reach an advantage to defeat Marine boxer Mary Guenther. Liciaga was able to score repeatedly with her powerful right hand and even deliver a standing eight-count to her opponent in the final round.

Theola Rivera of Baumholder, Germany was able to win the 139-pound title as she used her straightforward aggressive style to break down her Marine opponent, Angelina Summerfield.

Tanisha Moore, 156-pounds, boxing in her first-ever bout, was able to defeat the number one ranked Marine boxer Jennifer Driggers. Moore was able to

land shots at bay and keep Driggers on the end of her strong punches.

Lavell Sims, head coach for the women's boxing program, was very pleased with the outcome. "Considering that this was the first time that some of these women received any formal training and competition, their progress was astonishing," said the veteran coach. "My goal with this limitless program is to educate and promote the sport. I want to get the word out there that this is coming and that we are looking for talent to take the reins."

Those boxers stationed here will continue to train and spar in hopes of getting local bouts in preparation for the Women's National Championships which take place in July. The next time the U.S. Army female team will showcase their skills will be at the end of April during the Colorado State Golden Gloves.

One way to get involved with boxing at a preliminary level is to participate in the upcoming Kit Carson Boxing Competition. Also, the All-Army boxing program will be accepting applications for training camp and competition in September.

If you would like additional information on how to become a part of this exciting endeavor please contact Sims at 526-3829.

## BOXING



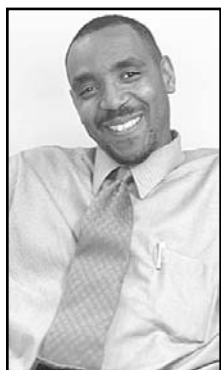


### On the Bench

# Cancer awareness program needs the Mountain Post's help

by Walt Johnson  
Mountaineer staff

**The Susan G. Komen Breast Cancer Foundation is in the process of putting together this year's "Race for the Cure,"**



**Johnson**

scheduled Aug. 11. This will be the eighth running of the race, and the foundation would love the help from any Mountain Post member who would like to support the cause.

The group will hold a planning meeting Wednesday at 5:30 p.m. in conference rooms A, B, and C at the Penrose Main Cancer Center. The group is looking for "race day" volunteers as well as people interested in serving on committees to help organize the race.

According to the foundation, the Susan G. Komen Breast Cancer Foundation was established in 1982 by Nancy Brinker to honor the memory of her sister, Susan G. Komen, who died of breast cancer at the age of 36. The

Foundation is an international organization with a network of volunteers working through local affiliates and Komen Race for the Cure events to eradicate breast cancer as a life-threatening disease.

Last year 6,000 Southern Coloradans raised more than \$460,000. Last year, more than 100 people volunteered to help run the race and that is what made raising the money possible, according to the foundation.

If you would like to volunteer and help this year's race be as successful or better, contact Kristen Bowen at 526-9245 or call the "Race for the Cure" hotline at 476-1675.

**I had a chance to talk with Becky Rudder, recreation specialist, and she said the final plans are beginning to take shape for the upcoming "Freedom Run," scheduled to be held May 18 at the Post Physical Fitness Center.**

The run is being sponsored by the Directorate of Community Activities and will be held in conjunction with Armed Forces Day events on post. For more information, call Rudder at 524-1388.

**Stephanie Meyers, youth center**

**See Bench Page 23**



Photo by Walt Johnson

### *Working out...*

**Retiree Dan Templeton relaxes after doing a set with free weights at Forrest Fitness Center.**

## Bench

From Page 22

assistant sports director, said parents wishing to sign their child up for the first “pitch, hit and run” event, scheduled for May 25 can do so now through May 25. The event, held on post for the first time, will take place from 9 a.m. to 3 p.m. The competition is open to youths ages 5-to-18-years-old and is free of charge. For more information, call the youth center at 526-1100.

**The women’s softball team that will play the Air Force at Sky Sox Stadium July 13 is coming along, but the team still needs players.** The Mountain Post men’s softball team, however, is another story, according to Becky Rudder, recreation specialist. The men’s team is in need of the best players the post has to offer after suffering defeats the past two years at the hands of the Air Force. The women have a two-game winning streak they hope to extend to three years in a row. Players interested in playing for the post teams are asked to contact Rudder at 524-1388 or Josh Mitchell at 526-2411.

**The Sky Sox team mascot, “Sox the Fox,” and some of the team’s players will be at the post commissary May 18 to meet post patrons and help support the post youth baseball program.**

The representatives of the Sky Sox will be on hand to sign autographs and support the youth center’s summer sign up program for girl’s softball, baseball, T-ball, and track and field. For more information, call the youth center at 526-1100.



Photo by Walt Johnson

## *Let’s start the season ...*

**Members from one of the post’s 10-to-12-year-old soccer teams (the team names had not been assigned at press time) get in some practice time April 4 as the teams prepare to kick off the spring season on post Saturday.**



## ***Mountaineer Sports Spotlight***



Photo by Walt Johnson

### ***Fans of the week ...***

Becky Rudder, Directorate of Community Activities recreation specialist, talks with Steven Dickson, center, and Brian Nichols at the Saturday Night Skating program. Rudder said the selflessness of these two volunteers has been just what the program needed. The duo helps the DCA staff with the coordination of games and safety practices, and have been responsible for donating and helping to get gifts donated. "The volunteer officials we have for skating night have been so important to the success of the program. This is one of the reasons we have so many people coming out for the event," said Rudder.



# Pueblo museum shows B-24, World War II history



Story and photos  
by Nel Lampe  
Mountaineer staff

A large display hangar opened last year next to the B-24 Museum building at Pueblo's Memorial Airport.

**S**kies over the Pikes Peak area were busy during the early 1940s. Photo reconnaissance pilots trained in P-38 aircraft at the Army Air Field now known as Peterson Air Force Base. Other aircraft taking off from the field included an AT-9, a C-45, B-25s, B-17s, B-24s and a Maytag Bomber.

Further south, Pueblo Army Air Field flight crews also took to the air, training in B-24s and B-17s.

The Army Air Base at Pueblo closed in 1946, after opening in 1941. The base had been built in just 91 days. Runway lights hadn't yet been installed when the base opened; the first flights were guided by flame pots.

Today, Pueblo's Memorial Airport

occupies the site of the former base, as does the world's only museum dedicated to World War II's B-24 aircraft, known as "The Liberator."

Unlike some museums dedicated to military history or aircraft, Pueblo's B-24 Museum is not housed in a former military building. Only two or three buildings from the former Army base remain. The museum occupies a building owned by the city of Pueblo.

The historic aircraft collection at the airport had its beginnings in 1972, when a Douglas A-26 was put on display and was soon followed by a Lockheed F-80 Shooting Star. This aircraft collection was started by then Pueblo City Manager Fred A. Weisbrod as a tribute to American military airmanship. Several other aircraft were obtained on loan from various military services.

Flash forward to 1986 when the Pueblo Historical Aircraft Society created several large panels about the manufacture and military history of the B-24 aircraft for a 50th anniversary of the first B-24 flight. The display was well received at the reunion in Fort Worth, Texas, and the historical society decided to use the display to start a museum. The International B-24 Memorial Museum was dedicated in July 1989 at the site of the former base, next to the Weisbrod aircraft collection.

Not only is the museum a reminder of military history in Pueblo, but of the hundreds of air crews who trained at the base and a



Volunteer Russell McGee tells visitors about the Chapman exhibit in the B-24 Museum.

tribute to the B-24 aircraft itself.

More than 19,000 B-24s were manufactured during World War II and only 11 B-24s are still in existence. Unfortunately, the one museum dedicated to that aircraft is without a B-24 of its own. According to Russell McGee, a museum volunteer, the only B-24 for sale has an asking price of \$1.8 million.

In the meantime, the museum makes do with a collection of photographs, uniforms, posters, technical data, flight log books, memorabilia and model aircraft.

The museum also has historic information about the Pueblo Army Air Base, including a model of the base and some of the people involved in its history and training, such as the movie star Clark Gable, the base's most famous



The museum has exhibits about countries involved in World War II, such as Japan.

# Happy 100th Birthdays



Places to see in the Pikes Peak area.

April 12, 2002



B-24 Museum

From Page 25

student, who trained as a crew member at the Pueblo base in 1942.

The B-24 was used in all combat theaters during the second world war. Its long range permitted lengthy over the water missions, such as the oil field raids at oil refineries at Ploesti, Romania.

An exhibit in the museum contains artifacts, pictures, letters, articles and books about the low-level Ploesti raid, which was said to be a turning point in the war. The B-24s came in at treetop level over the refineries, 100 miles deep into enemy territory, with 177 planes and 726 crew members.

Anyone with an interest in Army or aviation history will be captivated by the varied, extensive collection of artifacts in the museum.

Start your visit by entering the museum building. Although the tour can be self-guided, opt for the guided tour even if you must wait for a guide to be available. The volunteers relate more details and interesting stories than visitors can learn by themselves.

The museum has recently expanded into a brand new hangar which is only feet away from the museum building. The huge hangar has provided space to bring some aircraft inside and to expand and organize its collections.

For instance, a displayed collection of Army and Air Force uniforms begins with a World War I uniform and culminates with current uniforms. Senator George McGovern's World War II flying jacket is in the collection. An exhibit of women's uniforms is also displayed.

Other collections include unit patches; a dis-

play about aircraft nose art; World War II aircraft radio and navigation systems; and aircraft engines.

Original World War II recruiting posters are displayed, both in the museum building and hangar.

Exhibits are being built which pertain to each country involved in World War II. A display pertaining to Japan and another to Germany are already available.

A Norden bombsight, which was an important breakthrough during World War II, is displayed. Visitors are able to see a Norden bombsight as it was used on the B-29 aircraft in the hangar.

The B-24 Museum also has a small gift shop which has military related items for sale, such as books, videos, caps, model airplanes, keychains, pins and military patches.

After seeing the museum, exhibits and aircraft in the new hangar, head for the other aircraft near the hangar. Either inside the hangar or just outside are a Douglas-26 Invader, a Lockheed F-80 Shooting Star, a Boeing B-29 Superfortress, a Boeing B-47 Stratojet, a Chance Vought F-6 Crusader, a Convair HC-131A Samaritan, a Douglas C-47 Skytrain, a Douglas AS-4D-2 Skyhawk, a Douglas F-5A Skyray, a Fairchild C-119 Boxcar, a Lockheed T-33 T-Bird, a North American F-100d Super Saber, a North American T-28C Trojan and a Republic F-84

Thunderjet. Navy and Marine aircraft are also displayed, a few helicopters and experimental mass transit vehicles.

The museum is building a database of former B-24 crew members at their Web site, [www.PWAM.org](http://www.PWAM.org).

The International B-24 Museum is at the Pueblo Memorial Airport, about 10 miles east of Pueblo. The museum is open 10 a.m. until 4 p.m., Monday through Friday.

Saturdays, the B-24 Museum is open from 10 a.m. until 2 p.m. and Sundays, from 1 p.m. until 4 p.m. Admission is \$4 for adults and children under 12 are admitted free. The museum's phone number is (719) 948-9219.

To reach the museum from Fort Carson, take Interstate 25 south, about 40 miles. Take Exit 100A east to reach the airport.

Take the exit off Highway 50 East for the airport and drive onto airport grounds, heading toward the passenger terminal. The B-24 Museum is on the left, at 31001 Magnuson, adjacent to the fenced compound which houses the historic aircraft. Park in front of the B-24 Museum.



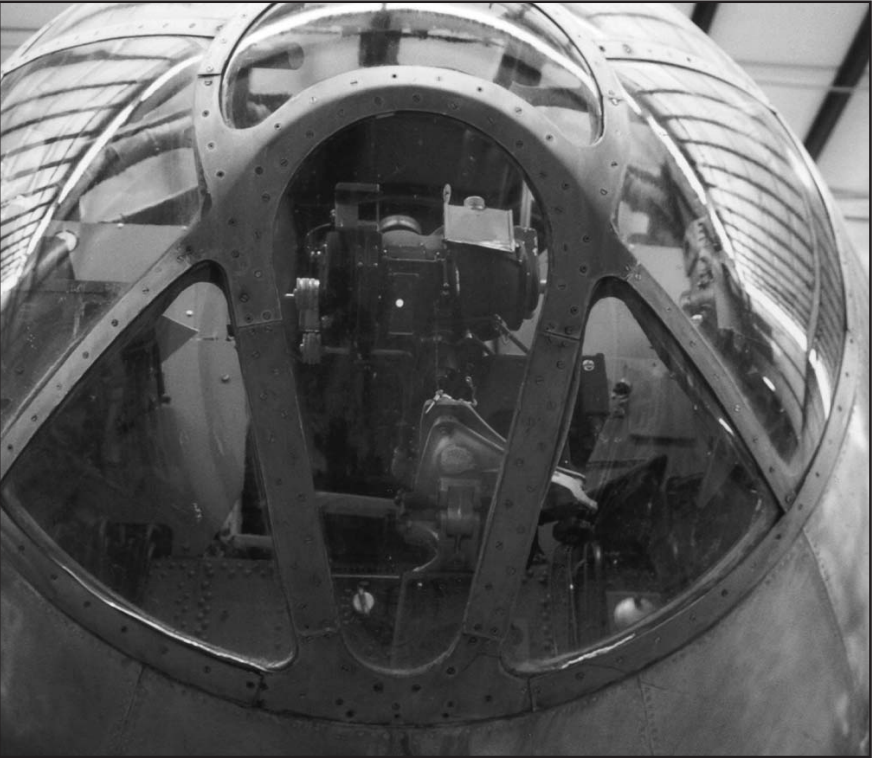
"Peachy," a B-29 aircraft used in World War II, is in the B-24 Museum.



Original World War II posters can be seen in the B-24 Museum in Pueblo.



Women's service uniforms are displayed in Pueblo's B-24 Museum.



The Norden bomb sight was standard equipment on the B-29.



Historic photos pertaining to Pueblo Army Base includes one of actor Clark Gable, right bottom corner, who trained in a B-24 Bomber at the base in 1942.

Just the Facts

- **Travel time** One hour plus
- **For ages** Families
- **Type** Military museum
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage** \$
  - \$ = Less than \$20
  - \$\$ = \$21 to \$40
  - \$\$\$ = \$41 to \$80(Based on a family of four)





## Broadway series

Next in the Pikes Peak Center Broadway series at the Pikes Peak Center is **"Annie Get Your Gun,"** April 23 and 24 in the Pikes Peak Center. Call 520-SHOW for tickets.

## Magic show

**David Copperfield is live on stage** at the Pikes Peak Center, 190 S. Cascade Ave., April 30 at 8 p.m. and May 1 at 6 and 9 p.m. Call 520-9090 for tickets.

## Academy concerts

**"Lavay Smith and Her Red Hot Skillet Lickers"** is April 27 at 7 p.m. at the Midfield Hangar No. 1 at the Air Force Academy Airfield. Tickets are \$22; call the Arnold Hall Box Office at 333-4497.

## Auto show

**Auto Show 2002** is at the Colorado Springs World Arena today through Sunday. The show is at 10 a.m. until 8 p.m. today and Saturday. Sunday's hours are 10 a.m. until 6 p.m. Admission is \$1 and parking is free..

## Denver concerts

**Paul McCartney** is at the Pepsi Center May 7 at 8 p.m. as part of his "Driving USA" tour. Tickets start at \$54 and are at Ticketmaster, 520-9090.

**"Barrage,"** is at Denver's Paramount Theatre, 1621 Glenarm Place May 12, at 4 and 8 p.m. Call Ticketmaster, 520-9090 for tickets, which start at \$26.50.

**Robin Williams** is in Magness Arena at the University of Denver April 25. Call Ticketmaster, 520-9090 for tickets, which begin at \$53.

## Colorado Springs Symphony

The **symphony has several concerts** at the Pikes Peak Center, 190 S. Cascade Ave.; call 633-6698.

Today and Saturday at 8 p.m., the Colorado Springs Symphony performs a **"Tribute to John Williams."** Tickets start at \$9.

**"Tyrannosaurus Sue: A Cretaceous Concerto,"** is at 2:30 p.m. Sunday at the Pikes Peak Center, and tickets start at \$7.

**"Elijah"** is at 8 p.m. April 19 and April 20 at 2:30 and 8 p.m. Tickets start at \$8.

## Teen nights

Joyrides Family Fun Center hosts **"Teen Nights"** every Friday through August, from 7 to 11:30 p.m. Teens presenting a student ID can buy an unlimited use pass for rides and attractions for \$10. JoyRides is at 5150 Edison Ave., just off East Platte Avenue. Call 573-5500 for information.

## Old-fashioned melodrama

**The Iron Springs Chateau in Manitou Springs** has opened a new show, **"Yo-Ho-Ho and a Barrel of Fun,"** which follows dinner. The audience interacts with the cast during the melodrama. Dinner and show tickets are \$23 for adults; there are children and group rates. Call 685-5104 for information.

## Musical

**"Seven Brides for Seven Brothers"** is presented at the Village Seven Presbyterian Church at 4050 Nonchalant Circle. beginning April 19 at 7 p.m. and at 3 and 7 p.m. April 20. Shows are repeated the next Saturday and Sunday at the same times. Tickets begin at \$3; call 574-6700.

## Dinner theater

**"Grease"** is the new show at Country Dinner Playhouse in Denver through June 16. Dinner is at 6 p.m., with a show following. There's also a matinee on Sundays, beginning with a noon buffet. Tickets start at \$25, call (303) 799-1410. The Country Dinner Playhouse is at 6875 S. Clinton St., in southern Denver.

## Community College theater

**"Godspell"** is presented by Pikes Peak Community College Masquers. Show times vary; call 540-7418 for tickets and times. The production is in the main Stage Theatre on the campus at 5675 S. Academy Blvd., near the B Street gate. Admission begins at \$5 and the show runs through April 19.

## Fine Arts Center

**"A Tribute to Red Skelton,"** presented by Tom Mullica, is in the Fine Arts Center April 30 at 2 and 7 p.m. Tickets start at \$20; call the box office at the Fine Arts Center, 30 W. Dale St., at 634-5583.

## Imagination Celebration events

**An Imagination Celebration event** is in the Pikes Peak Center at 190 S. Cascade during April 28. **"The Boxcar Children,"** is presented at 2 and 4 p.m. Call 597-3344 for information.

## Free band concerts

The **Air Force Band of the Rockies** presents free concerts. Tuesday's concert is at 7:30 p.m. at the First United Methodist Church, 420 N. Nevada Ave., and features the **Rampart Winds.**

**Galaxy Brass** presents a concert Wednesday at 7 p.m. at Lewis Palmer High School, at Monument. The school is at 1300 E. Higby Road, just off Interstate 25.

## Professional bullriders

Some of the world's toughest bullriders participate in a show at the Colorado Springs World Arena April 19 and 20 at 8 p.m. Tickets start at \$10 at Tickets West Outlets, Independent Records, King Soopers or at the arena box office, 576-2626.

## Shades of Green hotel

The Armed Forces Recreation Center operated hotel, **Shades of Green, at Walt Disney World Resort** in Orlando, Fla., is closed for an 18-month expansion. Defense Department employees and soldiers may make reservations through Shades of Green for rooms at other Orlando area hotels at affordable rates; make reservations online at [www.armymwr.com/shades/index.html](http://www.armymwr.com/shades/index.html).

## Disney discounts

**Walt Disney World Resort and the Disneyland Resort offer free admission** into Disney theme parks and discounts for servicemembers through April 30, during "Disney's Armed Forces Salute." Servicemembers are also eligible for room discounts and 50 percent discounts for family members. For information, call (407) 939-7424.



# Happenings



Photo by Nel Lampe

## Money Museum ...

**“Proud Spirits” exhibit, about American Indians, bison and money is continuing through the summer. Navajo Code Talkers are featured in the display above. Also on exhibit is a display about British Gold coins. Entrance is free. The museum is at 818 N. Cascade Ave.**



Program Schedule for Fort Carson cable Channel 10, today to April 19.

Mountain Post Magazine: stories on soldiers, civilians and family members of the Mountain Post. Airt at 7 a.m., 10 a.m., noon, 3 p.m., 7 p.m. and mid-night.

Army Newswatch: includes stories on the new Installation Management, the Fiscal Year 2003 budget and the Culinary Arts competition (repeat). Airt at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on the Theodore Roosevelt Battle Group and Operation Enduring Freedom. Airt at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on Homeland Security, Olympic medalist and the Electronic

Warfare University. Airt at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at

[CommandInfo@carson.army.mil](mailto:CommandInfo@carson.army.mil).

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you have ideas for Mountain Post Magazine, please phone 526-1253 or e-mail

[MountainPostMagazine@carson.army.mil](mailto:MountainPostMagazine@carson.army.mil).

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit a clean, typewritten copy of the information to the Public Affairs Office, room 2180, building 1550, Fort Carson, CO 80913, or fax it to 526-1021 no later than the Friday before airing time.

# Mountain Lifeline

March is National Nutrition Month ...

## Food guide helps to ensure healthy eating habits

by Maj. Sonya J.C. Corum  
U.S. Army Center for Health  
Promotion and Preventive Medicine

Remember your New Year's Resolution to get healthier by eating smarter and being more active? How have you done so far? Are your clothes fitting better? Is it easier to walk up a flight of stairs? Or have you lost a little of your New Year's motivation?

March is a perfect time to celebrate your achievements and to renew your health goals. Why March? March is National Nutrition Month, a nutrition education and information campaign sponsored annually by the American Dietetic Association. This year's theme is "Start Today for a Healthy Tomorrow."

During the last few months or even years, you may have forgotten about the four basic food groups that you learned in grade school. The results

may be a few extra pounds, lack of energy, or having your health-care provider tell you to take better care of yourself. Use the U.S. Department of Agriculture's Food Guide Pyramid as your roadmap toward healthier eating. The Food Guide Pyramid goes beyond the basic four food groups to include the Dietary Guidelines as a part of your plan. Obtain a copy of the pyramid from <http://www.nal.usda.gov/fnic/Fpyr/pyramid.html>

The base of the Food Guide Pyramid and the foundation of your healthier eating plan is the bread, cereal, rice and pasta group. In this group, you will also want to include starchy vegetables like potatoes and corn. The vegetable and fruit groups are located just above the bread, cereal, rice and pasta group. Be sure to choose whole grains, fresh vegetables and fruits to

increase your dietary fiber. A high fiber diet is linked to decreasing your risk for certain types of cancer and decreasing blood cholesterol levels.

In the narrower part of the pyramid above the vegetable and fruit groups, you will find the dairy group and the meat, poultry, fish, legumes and nuts group. These two groups should cover a smaller part of your plate with the vegetables, fruits and grains covering the majority of your plate. When making choices from the dairy and meat groups, select the lower fat options. When preparing your meats, consider grilling, roasting, or stir-frying instead of frying.

Remember to include low-fat dairy choices in your meal planning. Although other foods, such as broccoli, provide calcium, the dairy products are an excellent source of calcium, an essential mineral for bone density.

Sweets and fats are at the tip of the pyramid. You may still consume an occasional favorite sweet — just possibly a smaller amount. The Food Guide Pyramid offers a roadmap toward healthier eating for not just you, but for all of your family members over the age of 2 years old.

As you use the Food Guide Pyramid to make your food choices, pay close attention to your portion sizes. Being overweight represents the consequences of a mismatch between energy intake and energy expenditure. If you consume a lot of healthy foods, but do not use all of that food for fuel, your body will store that extra fuel as fat for later use.

Achieving the necessary energy expenditure, in other words exercise, is the biggest challenge. You do not have to do anything extravagantly; you simply need to move consistently. To achieve your weight loss or health goal, you may need to increase the duration, intensity or frequency of your activity. You may also want to add a new activity to your plan. Muscle conditioning exercises are also an important element to your exercise plan. Increased muscle mass helps you burn calories even when you are relaxing.

Trying new foods and new physical activities can jump-start your plans for better health. Get started today by making healthful lifestyle choices that will result in a healthier tomorrow.

